

## WAYS TO LOWER YOUR PRESCRIPTION DRUG COSTS

Today's medications may help to improve your health and quality of life, but they can be expensive. Here are eight simple things you can do to help you lower your prescription drug costs.



Generics have the same active ingredients as brands and are considered just as safe and effective. Usually, generics are less expensive. Many benefit plans allow you to pay the lowest copay for generics.

USE OVER-THE-COUNTER MEDICATIONS

Some medications have over-the-counter (OTC) versions that are equally effective and cost less than similar prescription medications

USE PREFERRED DRUGS

Many benefit plans have lower copays and for preferred drugs than non-preferred drugs. Switching to a preferred drug may be effective at treating your condition, but may cost less in out-of-pocket costs.

ASK FOR 90-DAY SUPPLIES

Some pharmacy benefit plans allow for 90-day supplies of longterm medications for a lower copay than filling prescriptions for 30day supplies, saving you money and trips to the pharmacy.

USE MAIL SERVICE

Your benefit may offer you the convenience of filling 90-day supplies of prescriptions you take for long-term, chronic conditions for lower copays at Fairview Mail Service Pharmacy.

SHOP AROUND FOR LOWER COSTS Visit clearscript.org/members to set up a secure member account. Once logged in, our drug pricing tool allows you to compare what you might pay for your prescriptions at selected pharmacies with your copay or coinsurance applied.

TAKE YOUR
MEDICATIONS
AS
PRESCRIBED

Taking your prescriptions properly can result in better health and could help you avoid costly medical complications.

REVIEW YOUR MEDICATIONS

Talk with your doctor about less expensive drugs that might work for you. Your doctor can also help you make sure you are not taking medications you no longer need.