

Health Risk Assessment Survey

Follow the steps below to complete your 2014 survey. The way you answer the survey questions has no effect on your overall health score. The deadline for completing your Health Risk Assessment Survey is September 26th.

Click or enter the link into your web browser: <https://www.myhealthcheck360.com>*

If you have not logged in to myhealthcheck360.com before, you will need to create a username and password using the steps below.

Participants without a current MyHealthCheck360° account

1. Click on the "Register!" button
2. Enter DOB, Gender, last four SSN and click "Find My Data!"
3. Read the Privacy Statement and agree by clicking "Continue"
4. Complete the sign up form with a username and password of your choice, and click "Save"
5. Click the "Link to report/Take Survey" link on the right-hand side of the page
6. Click "Take Survey Now"
7. Complete the survey and generate your report

Participants with a current myHealthCheck360° account:

1. Log on to your account
2. Click the "Link to Report/Take Survey" link on the right-hand side of the page
3. Click "Take Survey Now" or "View Report"
4. Complete the Survey or view your report

- You will be prompted to set a goal and can complete that process by clicking "next step" to the first prompt and "update goals" to the second.
- After your goal has been updated, click on the "home" tab at the top of the page

