

DeBahJiMon

A Publication of the Leech Lake Band of Ojibwe
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DeBahJiMon
115 6th Street NW
Cass Lake, MN 56633

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The People Have Spoken - Larose New Leech Lake Chairman with a Win of 56%

There will be no General Election for the Chairman Seat of the Leech Lake Band of Ojibwe.

For the first time ever, in Leech Lake history, Arthur "Archie" Larose takes the win by 56% during the primary elections held on the Leech Lake Reservation on April 1, 2008.

LaRose beat out the current

Leech Lake Chairman, George Goggeye, Jr., by 572 votes. The count for LaRose was 1,234 while Goggeye's vote count was 662.

Minnesota Chippewa Tribe Constitution states that anyone with a 51% vote or higher automatically wins the position they are running for. As stated earlier, LaRose won by tak-

ing 56% of the vote.

Crowds were still banging on the doors of the Leech Lake Facility Center as the clock struck midnight with hopes of gaining entry to the ballot counting, as they anxiously awaited the results, after the polls closed on the Reservation while Tribal Police Officers stood by. As we all might imagine, mixed emotions were evident everywhere as the results came in, depending upon the individuals vote.

In other races across the Reservation, Michael Bongo will run against Burton "Luke" Wilson for the Secretary/Treasurer position. The winner of this race will finish out a two year term of which LaRose resigned so he could run for the Chairman position. Bongo received 893 votes, while Wilson received 329 votes.

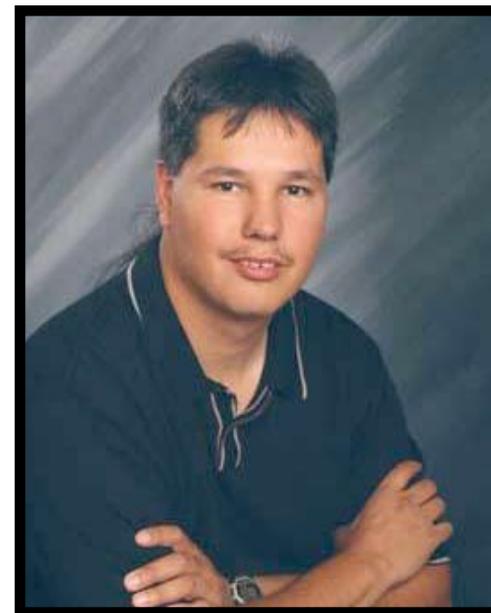
District III results gave the lead to Eugene "Ribs" Whitebird with 502 votes against current incumbent Donald "Mick" Finn with 307 votes.

Bongo, Wilson, Whitebird, and Finn will advance to the general election to be held on June 10, 2008.

LaRose and the other two winning candidates will be sworn in at the July 4th quarterly meeting to be held at a place yet to be designated.

LaRose said, "I would like to thank the Leech Lake Band members for all their patience and support, and I look forward to continuing my work for the Band and the people of Leech Lake.

See Leech Lake Band Election Certified Results on Page 2.



Leech Lake General Election Board Announces 2008 Board Elections

Candidate sign up for the Leech Lake Housing Authority Board, Bug-O-Nay-Ge-Shig School Board and all Local Indian Council elections will begin after the 2008 Reservation Business Committee Primary Election held on April 1, 2008.

All candidates may sign up from April 7, 2008 through May 7, 2008 at the Leech Lake General Board office in the old RBC Building located across the street from the Dairy Queen in Cass Lake, Mn.

The Board elections will be held in conjunction with the Leech Lake General Election on June 10, 2008 at the precinct polling sites from 8:00 a.m. to 8:00 p.m.

The certified results of all boards will be available on June 11, 2008. For further information or questions, please contact the Election Board office at 218-335-8266.

Cass Lake/Bena Panthers Take Third Place in State Basketball Tournaments!



Martin Wind, No. 5, Cass Lake/Bena Sophomore Panther, scores during the State Basketball Tournament Championship games against Bertha-Hewitt held at the Target Center in Minneapolis on March 28, 2008.

Photo by Patsy Gordon

Leech Lake Band Election Results

Primary Election

April 1, 2008

CHAIRMAN

CANDIDATES	BALL CLUB	INDR	S. LAKE	BEMA	SUGAR POINT	KEGO LAKE	CASS LAKE	MISSION	CASS RIVER	ONDUM	OAK POINT	MINNEAPOLIS	ABSENTEE	TOTAL	%
ARTHUR "ARCHIE" LAROSE	93	44	27	38	26	42	354	98	19	106	28	159	200	1234	55.9637%
GEORGE GOGGLEYE, JR.	78	36	8	35	17	4	165	45	7	32	9	87	139	662	30.0227%
BIRDENA LYONS	6	7	0	0	0	0	24	7	1	2	5	2	10	64	2.9025%
DAN WHITE	1	1	0	1	0	2	4	0	0	2	0	2	2	15	0.6803%
GLEN "TUFFY" FISHER, JR.	16	3	0	1	0	0	47	17	1	3	8	12	16	124	5.6236%
RAYMOND "SKIP" LYONS	3	0	0	1	1	0	19	2	1	14	2	6	7	56	2.5397%
DAVID "CHIEF" MORGAN	2	6	0	7	1	3	13	4	0	4	0	6	4	50	2.2676%

SECRETARY - TREASURER

CANDIDATES	BALL CLUB	INDR	S. LAKE	BEMA	SUGAR POINT	KEGO LAKE	CASS LAKE	MISSION	CASS RIVER	ONDUM	OAK POINT	MINNEAPOLIS	ABSENTEE	TOTAL	%
RANDY G. FINN	3	3	0	6	9	1	85	21	1	14	6	18	25	192	8.6957%
BURTON "LUKE" WILSON	81	22	3	15	7	1	49	17	1	16	3	52	61	329	14.9004%
MICHAEL J. BONGO	45	23	23	33	15	41	257	60	12	67	25	130	162	893	40.4438%
TOBIAS A. SHOTLEY	28	5	1	4	0	0	16	1	0	2	1	5	5	68	3.0797%
FRANKLIN E. BOWSTRING	12	10	4	0	1	0	24	16	0	6	2	2	16	93	4.2120%
ROGER T. AITKEN	20	22	2	9	10	6	62	21	12	47	5	34	61	311	14.0851%
RICHARD ROBINSON, JR.	13	12	2	15	3	2	135	35	3	11	10	31	50	322	14.5833%

DISTRICT 3 COMMITEEMAN

CANDIDATES	BALL CLUB	INDR	S. LAKE	BEMA	SUGAR POINT	KEGO LAKE	CASS LAKE	MISSION	CASS RIVER	ONDUM	OAK POINT	MINNEAPOLIS	ABSENTEE	TOTAL	%
EUGENE "RIBS" WHITEBIRD	0	0	0	0	0	0	195	54	15	40	11	91	96	502	33.3777%
VAL PACHECO	0	0	0	0	0	0	31	10	2	11	10	12	8	84	5.5851%
SAMUEL "ROCKY" PAPASODORA	0	0	0	0	0	0	25	6	0	10	9	17	22	89	5.9176%
DONALD "MICK" FINN	0	0	0	0	0	0	137	35	7	44	4	24	56	307	20.4122%
JERRY PAUL MORGAN	0	0	0	0	0	0	16	2	0	7	7	15	25	72	4.7872%
JULIAN FRANCIS MOLASH	0	0	0	0	0	0	10	1	0	0	0	2	4	17	1.1303%
LOUISE "WEEDY" MASTEN	0	0	0	0	0	0	45	21	4	15	1	1	18	105	6.9814%
MARTIN "MUTT" ROBINSON	0	0	0	0	0	0	27	3	0	5	3	4	7	49	3.2580%
DONALD J. HEADBIRD	0	0	0	0	0	0	89	34	0	32	7	26	15	203	13.4973%
JENNIE REYES	0	0	0	0	0	0	53	8	1	1	0	2	11	76	5.0532%

ELECTION CERTIFICATION

We, the undersigned election officials of the Leech Lake Band of Ojibwe, do hereby certify the above to be a true and accurate abstract of the votes shown herein for the election held on the first day of April, 2008. We further certify that said election was conducted in accordance with the Constitution, Election Ordinance and the Rules and Regulations of the Leech Lake Band of Ojibwe.

Chairperson: Sharon M. White signed 4/2/08
 Member: Janice Hall 4-2-08
 Member: Debra L. Rossell 4-2-08
 Member: Patty Allene 4-2-08
 Member: Wallace W. Stokkum 4-2-08

“Sound the Alert!”

Could you have diabetes and not know it?

There are 20.8 million children and adults in the US with diabetes -- and nearly one-third of them (or 6.2 million people) do not know it! Take this risk test to see if you are at risk for having or developing Type 2 Diabetes. Diabetes is more common in African Americans, Latinos, Native Americans, Asian Americans and Pacific Islanders. If you are a member of one of these ethnic groups, you need to pay special attention to this test.

To find out if you are at risk for Type 2 Diabetes, answer the following questions as they apply to you. Then click the “CALCULATE” button to run the test and view your score. If you score high, 10 points or more, make an appointment with your medical provider to be evaluated for diabetes. You could be one of the 6.2 million people in the United States who do not know they have diabetes. American Diabetes Association website: <http://diabetes.org/risk-test>

Thank you for testing your ‘Risk For Diabetes’.

Sincerely,
Leech Lake Healthy Heart Project*
Leech Lake Band of Ojibwe

*The Leech Lake Healthy Heart Project is an incentive program for American Indian people, with type 2 diabetes, 18 years or older, that helps people reduce their risk factors for cardiovascular disease (heart attack, stroke, and peripheral vascular disease). Risk factors such as having diabetes, elevated fats in your blood, and being overweight increase your risk for cardiovascular disease. Also, eating a diet high in saturated fat, living a sedentary lifestyle, and smoking are more risk factors.

If you or someone you know has type 2 diabetes, phone 335-4500 and ask for the Healthy Heart Project. You will learn how to reduce your risk for cardiovascular disease.

The major complication of diabetes and the number one killer of people in the United States is cardiovascular disease! Two-thirds of the people with diabetes die of cardiovascular disease. You can reduce your risk factors for cardiovascular disease.

To learn more about type 2 diabetes read <http://diabetes.org/type-2-diabetes.jsp>

It’s Not Government’s Role to Tell us How to Live Our Lives

By Senator Frank Moe

I am pleased with the way the legislative session is going. Yes, we’re dealing with a pretty difficult budget situation, but I remain confident that we can plug the holes in the budget and still protect what I believe are the key priorities of state government – our kids’ education, health care, creating jobs and protecting Minnesota’s natural

resources.

That kind of focus has benefited this state over the years. Previous generations understood that government plays a key role in our lives. They also understood that there are limits to what government should get involved in.

Article I, Section II of the Minnesota Constitution states, “No member of this state shall be disfranchised or deprived of any of the rights or privileges secured to any citizen thereof...”

That essentially means that government shouldn’t be telling us how to raise our kids, where to go to church, who we live with, what we do in the privacy of our own home, or what kind

of guns we keep in our gun cabinets.

The problem is that Article I, Section II has a second half to it. There’s a comma after “No member of this state shall be disfranchised or deprived of any of the rights or privileges secured to any citizen thereof...”, followed by “unless by the law of the land or the judgment of his peers.”

That’s where the slippery slope lies. We get into trouble when we pass laws that forget the limits of government and try to impose one view of the world on the rest of us. The danger is particularly acute during tough times because too many politicians are willing to use hate and play to people’s fears if they think it will give them an advantage.

You can see it this year at the Capitol, where the Minority Leader in the House continues to try to demonize immigrants and distract the public from the really important issues like education, health care and creating jobs.

Over the next seven months, they’re going to be trotting out their laundry list of hate issues and blame this group or that for all of the problems in our state today. They’re going to try to talk about this negative stuff — anti-immigrant, anti-GLBT (gay, lesbian, bisexual, transsexual), anti-Muslim, anti-liberal, anti-government – and demonize groups of people simply because they’re different.

We’ve succeeded as state over the years because – for the most part – we’ve kept our focus on what’s really important. We’ve built a world-class system of public education. We’ve taken care of our sick and disabled. We’ve protected our natural resources. We’ve invested in each other.

We have also – for the most part – kept our noses out of places they don’t belong. We’ve kept our laws out of the bedroom, out of our churches and out of our gun cabinets. We haven’t asked neighbor to turn against neighbor. That’s the genius of Minnesota. We not only protect the rights that we are comfortable protecting but more importantly we protect the rights that may be uncomfortable.

Sure, times are tough. But there have been tough times in Minnesota before. We can meet the challenges in front of us, together, without making scapegoats out of immigrants, gays or some other group. In fact, that’s the only way we can meet those challenges and preserve what’s best about this state.

Greater LL Adolescent Treatment Project Hosts a Regional Stakeholder Dialogue Meeting

A cooperative effort between the Leech Lake Band of Ojibwe, Cass County Social Services, and the Cass Lake – Bena Schools has created an opportunity to potentially assist area adolescents, and their families, who may be experiencing alcohol and drug abuse. With the help of local legislators, a two-year planning grant has been awarded to explore the development of an alcohol and drug treatment facility to be built in the immediate Cass Lake area within the Leech Lake Band of Ojibwe jurisdictional boundaries.

As part of this project, the Greater Leech Lake Adolescent Treatment Project (GLLATP) has formed a diverse Steering Committee to develop a comprehensive feasibility study. The GLLATP has been meeting regularly since December 2007 and is systematically moving forward with the study. A Stakeholder Subcommittee is focusing on community outreach, partnering with local service agencies, educational facilities, legislators, and interested tribal entities, has been working together since January 2008.

GLLATP announces plans are underway to host a Regional Stakeholder Dialogue Meeting. The primary goals of the meeting are to create a forum for regional dialogue about adolescent chemical dependency treatment and form cooperative partnerships, through sharing information, answering questions, as well as seeking input and listening to concerns. The regional meeting is open to the public and is scheduled to take place on April 21, 2008, 8:00 a.m. to 12:00 p.m., at the Palace Casino & Hotel, Cass Lake, MN. For more information or to confirm your attendance, please call Greg Ramey at 444-3338 or Sally Fineday at 339-6206. In keeping with the planning grant’s two-year timeframe, as outlined by the State of Minnesota, future phases of the proposal will include a needs assessment, site and facility analysis, operational components, and budgets. The final status report is due to the State Department of Human Services by June 30, 2009.

**Legal Advertisement
Leech Lake Band of Ojibwe Tribal Court**

In the Matter of the Welfare of the Children of:
Justina Raschke and Paul Smekofske, Parents.

YOU ARE HEREBY notified that on 1-4-2008 a Petition to for Long-Term Foster Care was filed with the Leech Lake Tribal Court regarding the children of the above-named parents. A hearing will commence on April 28, 2008 at 10:30 a.m. at the Leech Lake Tribal Courtroom located at 115 6th Street NW, Facility Center upper level, Cass Lake, Minnesota. The telephone number is (218)-335-3682. You are served with this notice because you are a party to this proceeding or you are a person whose presence is important to a determination concerning the protection of your children. If you fail to appear for this hearing the Court may find you in default and enter an order.

Dated: March 5, 2008 by Kim Mammedaty, Senior Tribal Attorney

**Legal Notice
In the Bois Forte Band of Chippewa Tribal Court
Nett Lake, MN**

In the matter of the welfare of E.R.S., a minor child, Bois Forte Band of Chippewa, Division of Health Services, Petitioner, vs. Tara Lynn Sam, Respondent:

TO: Tara Lynn Sam, respondent and mother of said child.

You are hereby summoned and ordered to appear before the juvenile division of the above-named court in its temporary courtroom, second floor, Fortune Bay Resort, Lake Vermilion Reservation, for a hearing to be held at 1:30 p.m., CT, on the 29th day of April, 2008, or as soon thereafter as Counsel may be heard. The purpose of said hearings is to determine the permanent placement of E.R.S., a minor child. This hearing will affect your parental rights. A failure to attend without lawful excuse will adversely affect those rights.

By the Court
Hon. Margaret Treuer, Chief Judge
Lucille Morrison, Clerk of Court
Attorney for Petition, Thomas Sjogren
PO Box 25
Nett Lake, MN 55772
Telephone: 218-757-3462

**LEECH LAKE BAND OF OJIBWE
QUARTERLY MEETING**

FRIDAY, APRIL 4, 2008 - 10:00 A.M.
BENA NEW COMMUNITY CENTER
(BEHIND OLD HOUSING)

LUNCH WILL BE SERVED.
EVERYONE WELCOME

**LEECH LAKE BAND OF OJIBWE
IN TRIBAL COURT**

115 Sixth Street NW, Suite E
Cass Lake, MN 56633
218-335-3682/4418
Civil Division

In the Matter of the Application for
Name Change of:

R.G.A., Minor Child/Applicant, and
Kimberly Pauline Anoka, Parent,

Petitioners.

**NOTICE OF LEGAL
PUBLICATION**

CASE NO. CV-08-20

YOU ARE HEREBY NOTIFIED that on February 20, 2008, an Application for Name Change was filed with the Leech Lake Tribal Court regarding the child of the above-named parent. A Hearing will be held on **May 9, 2008, at 3:00 p.m.**, in the Leech Lake Tribal Courtroom located in the Leech Lake Facility Center, 16126 John Moose Drive NW, Cass Lake, Minnesota, upper level, to address the issue of the change of name of the above-referenced minor child. The hearing may be held by telephone and you may contact the court at 218-335-4418.

You are served with this notice because you are a party to this proceeding or you are a person whose presence is important to a determination concerning your child.

DATED: March 12, 2008.
/s/ Patricia L. Pizzala, Court Administrator

Legal Briefs

**LEECH LAKE BAND OF OJIBWE
IN TRIBAL COURT**

115 Sixth Street NW, Suite E
Cass Lake, MN 56633
218-335-3682/4418
Traffic Division

ORDER TO SHOW CAUSE

YOU (THE DEFENDANTS LISTED BELOW) ARE HEREBY ORDERED to appear before the Leech Lake Tribal Court and show cause why you should not be held in Contempt of Court for failure to pay court-ordered fines.

YOU ARE FURTHER NOTIFIED that pursuant to Leech Lake Traffic Code, Chapter, Section 304:

1. If you are found in Contempt of Court, you may be subject to an additional penalty not to exceed \$500.00, said penalty for contempt shall be in addition to any fines or other penalties previously assessed by this Court.
2. You may also be subject to one or more of the following enforcement actions without further notice:

- a. Report violation to the State of Minnesota for entry on defendant's driving record;
- b. Add the fine to the amount defendant must pay to renew or obtain Leech Lake vehicle registration or plates;
- c. Seize defendant's vehicle registration plates;
- d. Seize the vehicle driven by defendant at the time of the violation;
- e. Suspend defendant's fishing, hunting, trapping, ricing or other treaty rights within the boundaries and jurisdiction of the Leech Lake Band until defendant pays the fine in full.
- f. Garnish wages by the Leech Lake Band.

/s/ Korey Wahwassuck, Chief Judge of Tribal Court.

APPEARANCE DATE: April 15, 2008, at 2:00 p.m.

<u>Defendant</u>	<u>Case No.</u>	<u>Defendant</u>	<u>Case No.</u>
Brown, Joseph	TR-00-160	Moose, Jacklyn Kay	TR-99-73
Cutbank, Mary	TR-00-168	Reyes, Mario	TR-00-162
Cutbank, Norman W	TR-07-182	Smith, Brenda	TR-00-161
Jackson, Tracy A.	TR-00-177	Smith, Emmilee Lynda	TR-00-171
Kingbird, Michael A	TR-00-127	Smith, Emmilee Lynda	TR-05-27
Kingbird, Trevor Allen	TR-07-49	White, Rhonda Clarice	TR-07-63
Laduke, Marla Kaye	TR-06-116	White, Rhonda Clarice	TR-06-02
		Wilson, Richard Dean	TR-07-165

APPEARANCE DATE: April 22, 2008, at 2:00 p.m.

<u>Defendant</u>	<u>Case No.</u>	<u>Defendant</u>	<u>Case No.</u>
Agard, Beau James	TR-00-232	Norton, Bryan Lee	TR-00-204
Bryan, Clinton E	TR-04-716	Rock, Lora	TR-00-207
Fineday, Robert	TR-00-229	Roy, Ron	TR-00-224
Harrison, Jimmie	TR-00-178	Schulman, Richard A, Jr.	TR-00-189
Hazeldine, Becky	TR-00-199	Schulman, Richard A, Jr.	TR-04-683
Isham, Curtis	TR-00-233	Schulman, Richard A. Jr.	TR-02-502
Johnson, Lisa Michelle	TR-00-186	Stockwell, Katrina	TR-00-200

APPEARANCE DATE: April 29, 2008, at 2:00 p.m.

<u>Defendant</u>	<u>Case No.</u>	<u>Defendant</u>	<u>Case No.</u>
Adams, Debra Ann	TR-01-249	Casey, Thomas	TR-01-265
Adams, Jean Marie	TR-00-242	Dunn, Adrian Richard	TR-07-38
Bellanger, Daniel Charles	TR-01-251	French, George, Jr.	TR-00-238
Bellanger, Joanne Ruth	TR-07-124	Neadeau, Joseph	TR-00-244
Benjamin, Anthony	TR-01-262	White, Billy Joe	TR-05-91
Bowstring, Kelly	TR-01-246	White, Billy Joe	TR-00-236
Burnette, Rhonda	TR-00-234	Wind, Tony	TR-00-174

APPEARANCE DATE: May 6, 2008, at 2:00 p.m.

<u>Defendant</u>	<u>Case No.</u>	<u>Defendant</u>	<u>Case No.</u>
Barney, Frances O.	TR-03-571	Lyons, Samuel James	TR-01-316
Brown, Darrick Earl	TR-07-48	Maxwell, Robert Roman	TR-00-100
Cloud, Crystal Leah	TR-07-121	Miettinen, Gary Gene, Jr.	TR-07-62
Goose, Anna Vanessa	TR-01-344	Smith, Norma Helene	TR-07-130
Greenleaf, Jennifer Lee	TR-07-206	Staples, Nicole Lee	TR-04-726
Headbird, Jessica Marie	TR-07-129	Taylor, Rikki Lee	TR-05-111
Kingbird, Daniel, Jr.	TR-07-147	Taylor, Rikki Lee	TR-01-255
Kraskey, Nikisha Kay	TR-00-203	Taylor, Rikki Lee	TR-05-35

APPEARANCE DATE: May 20, 2008, at 2:00 p.m.

<u>Defendant</u>	<u>Case No.</u>	<u>Defendant</u>	<u>Case No.</u>
Beaulieu, Brandon J	TR-06-166	Smith, Todd James	TR-01-295
Brown, Bernard Douglas	TR-06-97	Staples, Dennis, Sr.	TR-01-297
Finn, Christopher	TR-01-289	Staples, Joann Marie	TR-07-160
Harrison, Nathaniel Ray	TR-00-216	Staples, Karen Lynn	TR-01-292
Jackson, Fred Kenneth	TR-06-99	White, Eric Dewayne	TR-01-290
Jenkins, Emery James	TR-02-439	White, Simon Anthony	TR-99-82
Morgan, Kristi Lynn	TR-01-299	Wilson, William Jack	TR-01-310
Smith, Sonya	TR-01-306	Winde, Deanna	TR-01-305

APPEARANCE DATE: May 27, 2008, at 2:00 p.m.

<u>Defendant</u>	<u>Case No.</u>	<u>Defendant</u>	<u>Case No.</u>
Beaulieu, Kenneth J, Jr.	TR-07-201	Lovelace, Nathan Joel	TR-07-205
Cloud, Alice Marie	TR-01-278	Matthews, Joy Marie	TR-99-49
Deegan, Byron George	TR-01-334	Matthews, Thomas W	TR-01-339
Drift, Nicole Marie	TR-07-27	Matthews, Thomas W	TR-04-717
Fairbanks, Larry Wayne	TR-04-745	Reese, Walter Samuel	TR-01-284
Fisher, Glen Anthony	TR-01-326	Roy, Mathew Aaron	TR-01-336
Garbow, Janice Marie	TR-07-209	Rushman, Izzetta Marie	TR-01-277
Kingbird, Tracy	TR-01-314	Tanner, Alexandra Mae	TR-07-171

LEECH LAKE BAND OF OJIBWE IN TRIBAL COURT

115 Sixth Street NW, Suite E
Cass Lake, MN 56633
218-335-3682/4418
Traffic Division

NOTICE OF INTENT TO PROCEED BY DEFAULT

YOU (THE DEFENDANTS LISTED BELOW) ARE HEREBY NOTIFIED that the Leech Lake Band of Ojibwe intends to proceed by default in the Leech Lake Tribal Courtroom located at the Facility Center, upper level, 16126 John Moose Drive NW, Cass Lake, MN, with regard to the alleged violation of the Leech Lake Traffic/Conservation Code, occurring within the boundaries of the Leech Lake Reservation.

Violation of this summons is subject to proceedings for contempt of court pursuant to Tribal Code, Title 1, Part VI. The Court may find you in contempt for failure to appear at a court hearing or for failure to follow court orders.

Dated this 17th day of March 2008.

APPEARANCE DATE: April 8, 2008 at 2:00 P.M.

<u>Defendant</u>	<u>Case No.</u>	<u>Charge and Date</u>
Charles D. Croaker	TR-08-004	Driving After Revocation Occurring on: 12/29/2007
Patricia Lynn Hurd	TR-07-203	Driving After Suspension Occurring on: 8/20/2007
Candice R. Jackson	TR-07-217	Driving After Revocation Failure to stop for Stop Sign or Stop Light Occurring on: 11/2/2007
Angela L. Jacobs	TR-08-003	Driving After Suspension Occurring on: 12/28/2007
Mardelle D. Oothoudt	TR-07-220	Driving After Revocation Failure to use seatbelt/child restraint device Occurring on: 10/19/2007
Kelly F. Robinson	TR-07-221	Driving After Suspension Occurring on: 11/9/2007
Conrad C. Thompson	TR-08-008	Driving After Revocation No Insurance Occurring on: 2/16/2006
Patrick J. White	TR-08-001	Driving After Revocation Motor Vehicle Insurance-Owner Occurring on: 12/10/2007

Legal Briefs

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APPEARANCE DATE: May 7, 2008 at 1:00 P.M.

Defendant	Case No.	Charge and Date
Melissa M. Dvorak	TR-03-630	Reckless Driving Occurring on: 6/03/2003

APPEARANCE DATE: May 13, 2008 at 2:00 P.M.

Defendant	Case No.	Charge and Date
Debra A. Adams	TR-08-020	Driver Allowing Open Bottle Occurring on: 8/29/2007
Blair M. Brown	TR-08-011	Driving After Revocation No Insurance Occurring on: 1/25/2008
Robert J. Budreau	TR-08-020	Driving After Revocation Occurring on: 1/3/2008
Amy A. Fairbanks	TR-08-015	Speeding from 1-10 mph Over the Limit Window Tint Occurring on: 1/17/2008
Mark L. Fairbanks	TR-08-010	Speeding In Excess of 10 mph Over the Limit Occurring on: 1/4/2008
Jennifer L. Greenleaf	TR-08-023	No Insurance Motor Vehicle Registration-Owner Occurring on: 2/08/2008

40 Years of Empowering the Anishinabeg

Anishinabe Legal Services (ALS) is celebrating 40-years of providing legal assistance to the Anishinabeg residing within our service area of Leech Lake, Red Lake and White Earth Reservations. The following events are planned in recognition of our anniversary.

A time to share stories has been planned for April 18, 2008. An Open House will be held on April 18, from 2:00-4:00 p.m. at each of our offices.

Main Office- 411 1st St. Cass Lake

Red Lake Office- Red Lake Agency, Room 18, Red Lake, and White Earth Office- Naytahwaush Sports Complex, Naytahwaush.

You are invited to stop by our office to visit with staff and share appetizers.

Friday, April 25, 2008, a dinner and program will be held at the Northern Lights Hotel and Casino located in Walker, MN. We are attempting to locate as many former employees and members of the Board of Director's. If you are a former employee of ALS, or have been on the Board of Director's or have questions, please feel free to contact our office at 800-422-1335 or 335-2223.

Anishinabe Legal Services will be honored, Saturday, April 26, 2008, in the afternoon, at the BSU Council of Indian Students spring PowWow located at the John Glass Fieldhouse on the campus of Bemidji State University, Bemidji, MN.

Thanks for sharing our dream!



A Northwoods Tradition: Camping, Fishing and Cut Foot Sioux

By Joe Alexander, Deer River District Ranger

This year, the Chippewa National Forest will be celebrating its 100th anniversary. Over the past 100 years, the Forest has played a part in the formation of the wood products industry in northern Minnesota, in wildlife management for key species such as bald eagles and also in the area becoming a vacation destination.

In the 1920's, the Forest encouraged visitors to explore the northwoods.

Many of the early lake cabins located on the Forest were built in the 1920's, and still remain. (There are over 300 leased lots on the Chippewa alone). The Cut Foot Sioux area, located on the Deer River District, has been a center of cabin, resort and camping activity. Resorts have played a large role for many family fishing trips and countless summer memories.

(Eight of the eleven special use resort permits on the Forest are located in the Cut Foot area.) Campgrounds in the Cut Foot area were surveyed and developed in the late 1950's. Together, these recreation opportunities bring generations together in pursuit of relaxation, and also, Minnesota's most prized game fish, the walleye.

The Minnesota Fishing Opener is a cultural phenomenon well known to Minnesotans. The Cut Foot Sioux area is a hub of "Opener" activity, starting the week before opener, as fishing groups jockey for campsites and fishing spots. There is a tradition at Cut Foot, of early season fishermen starting back longer than any of us can remember. For those on the District who worked Cut Foot from the 1970-1990's, the opener brings in memories of cars lined up along Eagle Nest road, campground overflow, unpredictable spring weather and the hope of the big fish.

They have always come to the Cut Foot area because of the "classic

walleye lakes". The campgrounds, Mosomo, Onegume, Deer Lake, Seelye, and Williams Narrows are all prize sites for those who camp in early May. Making it a safe and successful fishing and camping weekend is the role of the district recreation crew.

When you think of Forest Service employees, you may think of timber specialist, wildlife biologists, and fire fighters. Do you think about recreation staff? With over 497,000 people camping on the Chippewa National Forest each year, it doesn't take long to realize the importance of a skilled recreation staff to make a big weekend successful for everyone. To make it all work, summer prep works begins in winter.

Reservation information is placed on the national website, flyers are updated, campgrounds hosts are hired and trained, supplies are ordered. By the beginning of May, the campground gates must open, and so in April, picnic tables are set down after winter snow disappears, safety inspections and water testing are completed, the fish cleaning station readied.

And then it is May. All that winter planning brings us right back to the wonderful tradition that is fishing and camping in the Cut Foot area. The Chippewa National Forest is very proud of our past contribution to northern Minnesota culture and looking forward to the next century of service. Come join the fun on the Chippewa this May and celebrate a century of service to Northern Minnesota.

*Cut Foot Historic Sites you shouldn't miss when you visit on Opener: The Old Cut Foot Ranger Station!

Congratulations, Leech Lake! LLBO Selected as Semi-Finalist for Harvard Honoring Nations Award

The Leech Lake Tribal Court's work to develop joint jurisdiction agreements with other jurisdictions has earned the Band recognition as a semi-finalist for the Harvard Honoring

Congratulations - Cont. on Page 7

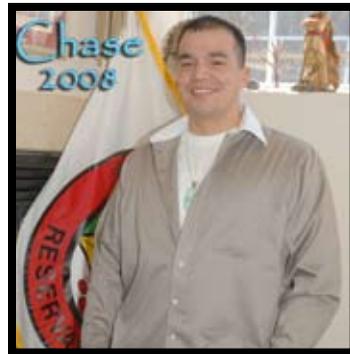
Congratulations

Continued from Page 6

Nations Award. The program is run by the Harvard Project on American Indian Economic Development at Harvard's Kennedy School of Government. Honoring Nations spotlights tribal government best practices programs around the world, honoring those that are especially effective in addressing critical concerns and challenges facing the more than 560 Indian nations and their citizens. Applications are evaluated based on their effectiveness, significance to sovereignty, cultural relevance, transferability, and sustainability. Honoring Nations received 110 applications from 69 Tribes and 10 Tribal Consortiums for this year's award, and the Band was one that was invited to submit more information. The next step is a site visit this summer by the Honoring Nations Program. Finalists will then be invited to do a public presentation at the annual meeting of the National Congress of American Indians in October, and honorees will be selected. The Tribal Court's work continues to gain national attention, and our program is considered an outstanding example of Tribal governance because it is bringing recognition to the Band's sovereignty. Although overcoming institutional racism and changing how systems work takes time, the joint powers agreements are already bringing benefits to the Band. Up to this point, the work has centered on the Wellness Courts, but new areas for collaboration are developing that benefit Tribal members. With the joint powers agreements, Band members have the ability to appear in Leech Lake Tribal Court and be linked to any district court in the state by Interactive Videoconferencing (ITV) for some court appearances so they don't have to travel. An agreement is now in place that allows incarcerated parents to appear for Tribal Court child protection cases by ITV as well. Also, in an effort to keep our youth out of the criminal justice system, the courts are working on procedures for juvenile delinquency cases to be supervised by Tribal Court in a culturally appropriate

manner, paying attention to our families' needs and promoting healing. For more information on the Harvard Honoring Nations Program or about the joint powers agreements, please contact the Tribal Court at 335-4418 or 335-3682.

Leech Lake Indian Hip Hop Bro' on the Move



Chase Monchamp

Chase Monchamp (Chase-Manhattan) with roots in Inger, MN and ties to the Twin Cities music scene has been breakin' into the field with 2 CD's. His first CD was produced at the Institute of Production and Recording (IPR) in Mpls and his second CD was dropped in January 2008; a 15 song demo Redskin in a Black and White world. He is currently working on upcoming CD due to drop late 2008 or early 2009.

Chase has participated in Scribble Jam at First Avenue in Mpls, along with Free Style Battles in Santa Fe, NM and does weekly shows at Arnellia's club in St. Paul, MN.

Chase has been actively writing and producing music since 2005 in collaboration with Nates Beats (Mpls) and SO Col (East St. Louis) along with projects with New Mexico Farmington's Finest and producer Gentle GZ.

Chase attended the Institute of American Indian Art and attributes his flavor and style to his American Indian influences and the Great Leech Lake Nation, of which he is a proud member.

Chase can be reached for booking or CD's at: chasemanhattan59@hotmail.com or at myspace url/59chasemanhattan.

Leech Lake Tribal College: Alumni in the Spotlight



Carol Carlson

Boozhoo! My name is Carol Carlson and I'm a single mother of four children, currently working as the Bookstore Manager at the Leech Lake Tribal College, where I've been employed for over four years now. I enjoy doing remodeling on my home, taking walks with the kids, and watching reality shows on television.

I was born and raised here on the Leech Lake Reservation, but I'm an enrolled member of the White Earth Band. I am a first generation college graduate, which I'm so proud of. My parents had a 12th grade and 9th grade education so finding a good job wasn't easy for them. My father spent most of his life logging, while my mother worked a few Laundromat jobs. Even with those two incomes combined, it was barely enough for us to survive. My parents struggled to keep us clothed and fed, and as small children, we didn't understand the value of money or why we couldn't afford the luxuries that other families had. It wasn't until I was older and had children of my own that I realized why my parents had to struggle to make ends meet, which was my reason for going back to school.

In 1997 I started school at the Tribal College, although I didn't stick with it at first. With two small kids at home and trying to work full time also, I gave up after the first semester. I

went back and forth with it for a few years, realizing that without a degree, any job that I could get would just be enough money to live paycheck to paycheck. Finally after separating from my son's father in 2003 and getting tired of being financially stressed, I decided it was time to get that degree completed. By 2005 I had completed two degrees, an applied science degree in nutrition and an associate of arts degree in information technology. Upon completion of my first degree, I was given a job as receptionist for the college, and was given a promotion shortly after to work as the college's bookstore manager.

I feel if I had not obtained my degree, I would not be where I'm at right now, and I don't plan on quitting there. My next goal is to obtain my bachelors degree in business management. I am determined to get that done so I can feel secure knowing that no matter what I will always have plenty of opportunities for stable employment where I can make the kind of money that will allow my children and I to live comfortably.

My advice to other single mothers would be to go for that education. It may be a struggle at the time, but it surely pays off in the end. Besides the positive financial aspects of having an education, you'll be setting a good example for your children. For them to see their single mother working and going to school full time, they will know that it's possible for them too, I just hope that they don't wait as long as I did.

LEECH LAKE BAND OF OJIBWE QUARTERLY MEETING

FRIDAY, APRIL 4, 2008

10:00 A.M.

BENA NEW
COMMUNITY
CENTER

(BEHIND OLD HOUSING)

LUNCH WILL BE SERVED.
EVERYONE WELCOME

2008 LEGISLATIVE DINNER

SPONSORED BY THE MINNESOTA CHIPPEWA TRIBE

Held at the Science Museum of St. Paul, Mn. on February 19, 2008



Photos by Patsy Gordon

**LEECH LAKE BAND of OJIBWE
HUMAN RESOURCES
JOB ANNOUNCEMENT**

BUSINESS DEVELOPMENT - Cashier (Convenience Stores, Walker or Cass Lake)

EARLY CHILDHOOD DEVELOPMENT - Teacher Assistant

PUBLIC WORKS - Compactor Driver / Operator (Solid Waste) 04-04-08

HUMAN SERVICES - Registered Nurse (Opiate Treatment Program) & Billing Manager

TRIBAL POLICE DEPT. - Methamphetamine Comm. Policing Coordinator 04-04-08
Police Officer(s) 04-04-08

Leech Lake Preference applies.

All open until filled unless indicated by a **closing date** (follows job title).

How to apply: Interested parties may come into the Human Resources office to pick up an application and disclaimer or you can download an application / disclaimer from our website at; www.llojibwe.com. You may FAX your application documents to Human Resources, our FAX number is #218-335-3697, or Email your documents to LLhumanresources@Llojibwe.com, or mail your documents to; Human Resources – 115 Sixth Street NW, Suite E – Cass Lake, MN 56633. **Policy:** Human Resources **must** receive your application documents **before** or **no later than 4:30pm** on the date the position is scheduled to close. Applications received after 4:30 on closing date **will not be accepted**. Call #218-335-3698 or toll free at #1-800-631-5528 for more information.

SAIGE Announces Youth Track at Fifth Annual National Training Conference

The Society of American Indian Government Employees (SAIGE) is the only National non-profit organization that advocates for American Indian and Alaska Native government employees. SAIGE will host their 5th annual training conference "Blessed By Tradition: Honoring Our Ancestors Through Government Service" in Traverse City, Michigan, June 2-6, 2008, at the Grand Traverse Hotel. As part of the Training Conference, SAIGE will also host the annual Native Youth Track. This program is designed to provide Native American students an opportunity to learn about careers within the federal government, to participate in professional and personal development workshops and training, and to network with Native American professionals.

SAIGE encourages Native American youth to realize their potential to become leaders in their communities and schools, continue their education by obtaining a college degree, and ultimately, to seek a career in the government sector in one of the multitude of civil service professions. Federal agency representatives attending the conference

have the opportunity to meet students, participate as Exhibitors, and promote career opportunities within their respective agencies. SAIGE is offering a limited number of scholarships for Native students to attend the 2008 Training Conference June 2-6, 2008 in Traverse City, Michigan. The scholarships will include conference fee, airfare, hotel accommodations and per diem for meals.

Open to Native Students between the ages of 18 and 25 who can demonstrate they are currently enrolled in good standing at an accredited high school, college or university. Students must be interested in gaining a professional degree and in the possibility of pursuing a career with the federal government. SAIGE invites American Indian/Alaska Native students to submit their application form, letter of reference, proof of school enrollment, and completed emergency medical information form for consideration to attend the conference. A short essay about their interest in government careers and information about themselves is also required. Completed application packets must be postmarked or electronic copies sent no later than April 15, 2008. To obtain a complete application visit our website at: www.saige.org under Youth Track. We look forward to you joining us in Traverse City, Michigan. Contact: JoAnn Brant, Youth Track Coordinator at (202) 564-0375 or email her at Brant.joann@epa.gov for further information.

Chippewa National Forest to Host Youth Conservation Corp Program

The Chippewa National Forest will hire 8 youth in a Youth Conservation Corp (YCC) non-residential program this summer. Four positions will be located on the Marcell/Deer River Ranger District and four positions will be on the Walker Ranger District.

YCC is a summer employment program established by Public Law 93-408 for young men and women, ages 15-18, who work, learn, and earn together by doing projects that further the development and observation of the natural resources of the United States. The three objectives of the program are: 1) accomplish needed conservation work on public lands; 2) provide gainful employment for 15 to 18 year old males and females of all social, economic, ethnic, and racial backgrounds; 3) develop, in participating youths, an understanding and appreciation of the nation's natural environment and heritage.

Eight students will be employed for a period of eight weeks. Work is planned and executed in such a way to give the student an understanding of their tasks, its part in the overall agency management plan and environmental consideration.

In order to be eligible for the program, a young person must:

- Be of age of 15 by June 8, but not have attained age 19 by Aug. 2
- Be a permanent resident of the United States
- Not have participated as a YCC enrollee for more than three years in the past
- Have a Social Security number upon arrival at the Ranger District
- Have a desire to work in the outdoors and become involved in the development and maintenance of the Nation's natural resources
- Have no history of serious criminal or other anti-social behavior that might create safety problems
- Be able to participate in the various work and training programs of the YCC program
- Handicapped youth, who with reasonable accommodations can perform the essential functions of the YCC program, are also eligible
- Be able to obtain parental or legal guardian consent to enroll in the program
- Be able to provide a medical history signed by parent or legal guardian
- Be able to provide the proper work clothing (long sleeve shirts, jeans, work boots, etc.)

In this non-residential program, the student resides at home and commutes to work daily to the Marcell/Deer River Ranger District office or Walker Ranger District Office. The crew is transported daily by district employees to the work site. Length of employment will be eight weeks with employment beginning on June 9th and will continue through August 1st. Enrollees will be paid for 40 hours of work each week, at the minimum wage rate of \$6.15 per hour.

Application information can be obtained from Bruce Giersdorf at the Deer River Ranger District (218-246-2123), Mitch Bouchonville at the Walker Ranger District (218-547-1044) or Lynn Dee Christopherson at the Supervisor's Office, Cass Lake (218-335-8640). The deadline for application (postmarked) is April 4, 2008. Only successful applicants will be notified of selection.

Diagnosis of Breast Cancer

Mammography

How effective is mammography in early detection of breast cancer?

A mammogram is an x-ray picture of the breasts. It is used to find tumors and to help tell the difference between non-cancerous (benign) and cancerous (malignant) disease. Mammography is 85% to 90% accurate. Mammograms have improved the ability to detect breast abnormalities before they are large enough to be felt during a breast examination. Breast lumps can be identified on a mammogram up to two years before they can be felt.

If you find a lump or a change in the skin around the nipple or breast area, what should you do?

There are many causes for lumps in the breast. These range from normal changes in your body to abnormal breast disease. Breast lumps are either benign (non-cancerous) or malignant (cancerous). A lump in the breast is the most well known symptom of breast cancer and most lumps are found through regular breast self-examination. You may be able to see the lump but in many cases the lump can only be felt and is not painful. A lump that is painless, hard, and has uneven edges is more likely to be cancer, however, some cancers are tender, soft, and rounded. On the whole, breast cancer is not painful and will not cause illness in the early stages. See your medical provider if you discover any new breast changes that persist after your menses or any warning signs that may concern you.

If you've been treated for breast cancer, report any new signs or symptoms immediately. Symptoms of advanced breast cancer may include:

- Bone pain that does not resolve in three weeks
- Breast pain or discomfort
- Skin ulcers
- Swelling of the arm next to breast with cancer
- Weight loss

What if the radiologist sees something suspicious or abnormal on your mammogram?

Most abnormalities found in mammogram results are not breast cancer. Questionable mammogram results, 6% to 8% percent of mammograms, sometimes require additional evaluation. It is possible for a mass to be felt but not appear on a mammogram due to dense breasts. As a result of this, it is important to report to your medical provider any abnormality you find, for further evaluation. Additional screenings, such as, mammograms, diagnostic mammogram, breast ultrasound, or needle biopsy may be necessary.

Breast Ultrasound

Breast ultrasound is the use of ultrasonic sound waves (sounds that cannot be heard by humans) to produce an image of breast tissue. Usually, results find that most abnormalities are normal breast tissue or benign, non-cancerous, tissue. Malignant and benign lumps tend to have different physical features so imaging tests such as mammography and ultrasound can often rule out cancer. Ultrasound imaging of the breast is used to distinguish between solid tumors, benign or malignant, and fluid-filled cysts. Ultrasound can also be used to evaluate lumps that are hard to see on a mammogram.

Magnetic Resonance Imaging (MRI)

Breast MRI is a test that may be used to distinguish between benign and malignant lesions. Although MRI can detect tumors in dense breast tissue, it cannot detect tiny specks of calcium (known as micro-calcifications), which account for half of the cancers detected by mammography. MRI may reduce the number of breast biopsies done to evaluate a suspicious breast mass.

An article published in the New England Journal of Medicine (Vol. 351, No. 5: 427-437), notes that Dutch Researchers determined that MRI could find breast cancers that mammograms miss in high-risk women. Screening with both methods, mammography and MRI, may be a better option for high-risk women than using either one alone. MRI is not an appropriate screening tool for women at average risk of developing cancer.

Digital Mammography

Digital mammography is a recent technique that allows the x-ray image of the breast to be viewed and manipulated on a computer screen. It improves accuracy a little bit, but is not yet performed everywhere. Studies have not yet shown that digital mammography is more effective in finding cancer than conventional mammography.

Biopsy

A breast biopsy is the removal of breast tissue to examine it for signs of breast cancer or other disorders. A suspicious area in the breast may be detected by physical exam, mammogram or another imaging method, or by some combination of these. But regardless of the method of detection, according to the American Cancer Society, the presence of cancer can only be confirmed by a **biopsy**, in which a sample of cells or tissue is removed and looked at under the microscope. Unless the doctor is sure the lump is not cancer, biopsy should always be done. There are several types of biopsies and your medical provider will choose the type based on your individual situation.

Breast cancer is the disease women fear most. In the United States, breast cancer was the most frequent newly diagnosed non-skin cancer in women, and the second leading cause of cancer-related death. The American Cancer Society tells us that baseline mammograms should be completed between the ages of 35-40 years and annually after age 40 years. Early detection increases your chance of survival. Talk to your medical provider about developing a breast-screening program depending on your family history and other risk factors.

In 2007, it was estimated that 178,480 women in the United States were diagnosed with breast cancer and that 40,460 women died of the disease. There are numerous types of breast cancer and knowing the type of cancer can play an important role in selecting treatment.

(Adapted from National Cancer Institute, American Cancer Society, and Susan G. Komen for the Cure.)

SMSC Mobile Medical Unit Hits the Road to Provide Health Screenings

The Shakopee Mdewakanton Sioux Community Mobile Medical Unit will provide mammograms in the upcoming months to Native Americans living in several areas in Minnesota. The Mobile Unit will travel to northern Minnesota to the Leech Lake Band of Chippewa reservation and to the Fond du Lac Band of Chippewa reservation. Then in the Twin Cities it will travel to the Women's Prison in Shakopee and to the Native American Community Clinic and Indian Health Board both in Minneapolis. The Mobile Unit not only houses facilities for mammography and cancer screening but also amenities so that it can function as an Incident Command Unit in the event of a major emergency or disaster.

The current schedule for the Mobile Unit for cancer screenings is as follows:

March 19, 2008 - Shakopee Women's Prison

April 16, 2008 - Native American Community Clinic

May 28, 2008 - Indian Health Board

June 13, 2008 - Fond du Lac

Patients of these facilities or living near these scheduled stops can schedule appointments by contacting their clinics directly. The Mobile Clinic visit to the Shakopee Women's Prison is for inmates only. Dates for other Mobile Clinic visits will be announced when they become available.

The high rates of cancer of all types in Native communities as well as the need for on-site services to improve health screening rates for earlier detection of problems led to development of the Mobile Unit. The latest technology allows for the mammograms to be stored electronically aboard the Mobile Unit and then downloaded and read upon return to the SMSC. Results are then sent directly to patients and their doctors.

SMSC Mobile - cont. on page 11

SMSC Mobile

continued from page 10

"The goal of this project is to offer quality health care services for those who might not be able to get them otherwise. With the Mobile Unit going to other Native American communities, tribal members will be more likely to get preventative health screenings which will allow early detection of disease and hopefully improve life expectancy," said SMSC Health Administrator James Lien.

The Mobile Unit provides services to SMSC Community members and employees during monthly health screening events. The Mobile Unit has already traveled to the Mille Lacs Band of Ojibwe reservation in northern Minnesota and to the Upper Sioux Community in Granite Falls, Minnesota. The Mobile Unit was introduced at the 2007 SMSC Annual Wacipi where it was utilized as the event command center.

The Mobile Unit has dual purposes. As a Mobile Clinic it has two radiology suites, one for mammography and one for chest x-rays. These suites are fitted with state of the art digital systems that provide screening for breast and lung cancers. The remainder of the Mobile Unit is fitted with a laboratory to screen patients for prostate cancer, diabetes, and other illnesses. There is a larger open space, which can serve multiple functions such as a temporary dental clinic or an emergency medical treatment area. As an Incident Command Unit, it has space and technical capabilities for tactical planning to be used to coordinate services in case of a large-scale emergency.

The Mobile Unit has an emergency response component which includes radio, telephone, satellite, and visual recording of the emergency scene as a part of the command center functions that will be used as needed. "The emergency response component of this unit will allow the SMSC to help out in the event of a local or regional crisis," said SMSC Emergency Services Director Jim Muelken. "We are always looking

at ways to be of assistance to the larger community if we are needed."

For more information about a visit from the Mobile Clinic, contact Mobile Clinic Coordinator Christine Michael at 952-233-2964. For more information about the Emergency response component of the Mobile Clinic contact SMSC Emergency Services Director Jim Muelken at 952-233-1077.

Nutrition and Pregnancy, What Expectant Mothers Need to Know

By: Audrey Wuori

Making sure her growing baby is getting the best possible healthy growing conditions, is of supreme importance for any pregnant woman. At the top of the list is your diet. Nutrition is the most important controllable aspect in developing a successful pregnancy. Because of this it is very important that expectant mothers are completely in tune proper nutritional levels in their body. Remember you have another body that you are feeding!

For mommies to be, the quantity of supplementary calories needed to be taken in might just surprise you. Believe it or not, the daily recommended additional calorie intake for pregnant women is only around 300. Clearly, that's some added calories, but it certainly isn't the several hundred that many pregnant women think that they should be taking in each day. Three hundred doesn't sound like much, but it is actually about an extra meal a day for a full grown adult? Managing their caloric intake with a well-balanced diet, along with moderate exercise is the best way to avoid gaining too much weight during pregnancy and staying away from problems

like back ache, and body balance.

There are some foods that a pregnant mom should avoid in order to decrease toxic exposure of your developing fetus inside, therefore decreasing birth defects.

Alcohol: It is best not to drink any alcohol during your pregnancy to be sure your baby will not develop Fetal Alcohol Syndrome.

"Empty Calories": Foods or drinks that have little or no nutrition value such as candy, pop, or other sugary food will not contribute to baby's healthy development, and can lead to unnecessary weight gain.

Fish: Large fish may be contaminated with mercury and other toxins, so you should avoid them, as well as limiting the amount of tuna, shrimp, and other seafood that you eat to no more than 1/2 pound per week.

Soft, non-pasteurized cheese: Cheese such as Brie or Camembert can harbor bacteria and are best to be avoided during pregnancy.

Raw eggs: Avoid foods with raw eggs such as cookie or pancake batter, Caesar salad dressing, and homemade eggnog, to decrease exposure to bacteria.

Undercooked or raw meat: Steer clear from meat, poultry, and fish that has not been cooked thoroughly so that you and your baby are not exposed to harmful bacteria.

For more helpful nutrition advice and tips, please contact Audrey at Leech Lake Nutrition Program at 335-4500 for more information.



Notice to Cass Lake Hospital Patients

The I H S Cass Lake Hospital continues to experience doctor staffing shortages, especially in the urgent care/emergency room. In order to continue to provide 24/7 medical care, the hospital will have a temporary change in how care is provided. As a result, you may experience a longer wait to see a doctor in the Urgent Care Clinic. For instance, if a patient with an emergency medical condition arrives in the Emergency Room, that patient will take priority over all other patients currently waiting to be seen by a doctor. When this situation occurs, nursing staff will alert you to the emergency so that you can make the decision to either wait or come back later in the day.

During the month of April there will be one doctor available to see patients during the hours of 6:00 a.m. and 10:00 p.m. We usually have two providers available during this time. Between 10:00 p.m. and 6:00 a.m. emergencies only will be seen.

We understand that emergency medical conditions can happen at any time therefore, we will be a provider available 24/7.

In addition to Urgent Care/Emergency Room staffing shortages we also have a shortage of doctors in the Clinic. As a result, many patients with chronic care conditions have been unable to schedule a visit with a doctor, or are currently on a long waiting list. Active recruitment efforts are underway to hire more doctors as soon as possible. We are making our best effort to attract doctors who will provide the highest quality of care.

The Hospital thanks you for your understanding and support during this difficult provider staffing situation.

Baucus pushes Indian bonds

By NOELLE STRAUB
Gazette Washington Bureau

WASHINGTON - American Indian tribes would be able to issue tax-exempt bonds for building roads, bridges or other infrastructure under a bill pushed by Sen. Max Baucus, D-Mont.

Baucus listed the measure as one of his top priorities for Indian Country when speaking Monday to an annual legislative summit of the National Congress of American Indians.

"Indian Country must be able to issue tax-exempt bonds in the same way that non-Indian entities do today," he said to loud applause.

He and Sen. Gordon Smith, R-Ore., introduced the bill in July. It is now before the Senate Finance Committee, which Baucus chairs.

The Tribal Government Tax-Exempt Bond Parity Act would allow a tribal government to be treated like a state government for the purpose of issuing bonds for projects on its reservation. Baucus said it would go a long way toward improving infrastructure in Indian Country, with the benefit of creating jobs.

W. Ron Allen, secretary of the National Congress of American Indians, spoke in favor of the bill and asked a White House official at the meeting to support it.

"To get the Treasury and the IRS to respect our government like any other government would be a major positive move forward," Allen said.

Baucus said he would push for two other tax measures in his committee - an employment credit and an accelerated depreciation measure - that would benefit Indian Country. "That sounds kinds of boring on the surface, but it means jobs, it means economic development," he said.

Congress currently extends those tax benefits on a year-to-year basis, so companies don't know if they will be continued and don't take full advantage of them, Baucus said.

Baucus also said he will advocate for measures boosting the tribal college and university system and funding Johnson O'Malley education grants. President Bush's 2009 budget proposes to eliminate the grant program.

Congress also needs to strengthen tribal courts and police and have more detention centers, Baucus said. He added that the health care situation is "a whole lot more dire" in Indian Country and that if members of Congress toured Indian Health Service facilities, "they would be so embarrassed, they'd rush back to the Congress and do something about it."

Indian Affairs Committee Chairman Byron Dorgan, D-N.D., told the group that when the Senate considers the 2009 budget next week he will push an amendment adding \$1 billion for Indian health care.

"I've done this before and I've lost before, but I'm not going to quit, I'm not going away," he said.

Dorgan said he would pay for the measure by closing tax loopholes that allow companies to route income through the Cayman Islands and other offshore tax shelters.

He also noted that Bush asked last year for \$4 billion a week for the Iraq war.

"I say it's time to start investing in things here at home," he said to applause.

The Senate last week passed a long-overdue renewal of the Indian Health Care Improvement Act, which would fund medical services through 2017 and improve the quality of care provided in Indian Country. The senators called it a good start but said more must be done. Dorgan said his committee will next tackle the issue of law enforcement in Indian Country. He said there are 40 percent fewer law enforcement personnel than needed on reservations.



Motorists Cautioned to be Prepared for Reconstruction of Highway 197 in Bemidji

Bemidji, Minn. - The Minnesota Department of Transportation advises motorists to be prepared for traffic delays this spring and summer as work gets underway to reconstruct Highway 197 (also known as Bemidji Avenue) from Third St. to 23rd St. in Bemidji.

Mn/DOT, in partnership with the city of Bemidji, will begin the project on Monday, April 21. Highway 197 will be closed and detoured for the duration of the project which is expected to be complete by mid August. The detour will begin at Second St. in front of the Chamber of Commerce, directing traffic west to America Avenue, north on America for one block, then west to Irvine Avenue, and north to the junction with Irvine and Highway 197 (Paul Bunyan Drive).

As the official detour route, parking will not be permitted on Irvine Avenue from Fifth St. north to 21st St. Irvine Avenue will be striped as a three-lane, with one lane in each direction for traffic and the middle lane for left turning vehicles.

Intersections will remain open at Highway 197 and Irvine Avenue and Highway 197 and 23rd St. Local traffic to businesses and homes in the affected area will have access from cross streets. 10th St. and 15th St., which cross Hwy. 197, will remain open for access to businesses and homes on the east side of Highway 197, including access to Bemidji State University.

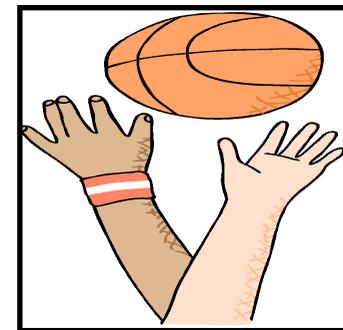
Motorists need to be extremely alert for slowing and turning traffic, allowing more time to get through the area. Travelers who are only passing through should use the Highway 2 bypass or other routes to avoid congestion.

Depending on weather, the project detour is expected to be

removed from Second St. to Fifth St. in time for the Jaycees Water Carnival.

The prime contractor is Ulland Brothers of Cloquet. The contractor plans weekly public updates throughout the project. Location, dates and times will be announced at a later date.

For statewide road condition information, dial 511 or log on to www.511mn.org.



Three Panthers Named to All-State Team

Reprinted from Bemidji Pioneer

Three Cass Lake Bena basketball players have been named to the Associated Press All-State high school boys basketball team.

Receiving honorable mention on the media-selected team are seniors Nate Salscheider and Joel Salscheider and sophomore Martin Wind of Cass Lake-Bena. The Panthers claimed third place in the state Class A tournament that ended on March 29, 2008.

Individual photos of the three players were not available at the time of this printing.

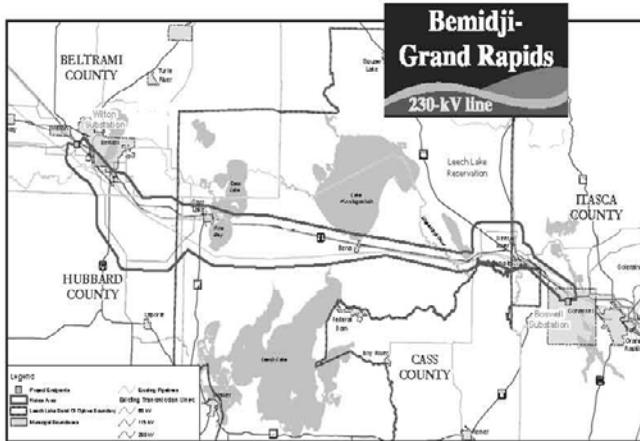


NOTICE**Utilities recommend new high-voltage transmission line between Bemidji and Grand Rapids, Minnesota**

Minnkota Power Cooperative, Inc., Otter Tail Power Company, Minnesota Power, Xcel Energy, and Great River Energy recommend building a new 230-kilovolt electric transmission line that would run about 68 miles from Minnkota Power's and Otter Tail Power Company's jointly owned Wilton Substation, just west of Bemidji, to Minnesota Power's Boswell Substation in Cohasset, northwest of Grand Rapids, Minnesota.

Project Need

The Bemidji-Grand Rapids line is needed to maintain reliability of the electric transmission system that serves the Bemidji/Cass Lake area in north central Minnesota, as well as to maintain regional transmission reliability for the larger northwestern Minnesota and eastern North Dakota region. The Minnesota Transmission Planning utilities identified this need and included it in their 2005 and 2007 Biennial Transmission Projects Report. The 2007 report is available at www.minnelectrans.com.

**Project Information**

The utilities expect to use primarily two-pole H-frame structures averaging 85 feet in height. Right-of-way width for a 230-kV line is up to 125 feet. The utilities intend to acquire property rights for any right-of-way the transmission line would require.

Public Process

The Bemidji-Grand Rapids line cannot be constructed without first obtaining a Certificate of Need and a Route Permit from the Minnesota Public Utilities Commission. The utilities intend to file the Certificate of Need application with the MPUC in March 2008, and the Route Permit application in April 2008. As part of the Certificate of Need and Route Permit processes, the Department of Commerce (DOC) will prepare an Environmental Impact Statement and solicit public comment.

The regulatory process to determine the need for and route of the recommended line emphasizes public participation. After the Certificate of Need and Route Permit applications are submitted, the DOC and the MPUC will hold public meetings and hearings in the area. These meetings will allow the public to participate in the review process. Minnesota Statutes, sections 216B.243 and 216E.01 through 216E.18 and Minnesota Rules, chapters 7829 and 7849 govern requests for a Certificate of Need and Routing Permit for a high-voltage transmission line.

We encourage area residents to get involved in these important electric energy decisions.

To learn more about the process or to be added to the MPUC and DOC mailing lists, contact the following people.

Certificate of Need process Bret Eknes Minnesota Public Utilities Commission 121 7th Place East, Suite 350 St. Paul, MN 55101 651-201-2236 Bret.eknes@state.mn.us http://www.uc.state.mn.us/	Routing and environmental review Suzanne Steinhauer Minnesota Department of Commerce 85 7th Place East, Suite 500 St. Paul, MN 55101-2198 651-296-2375 deborah.pile@state.mn.us http://energyfacilities.puc.state.mn.us/
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Please contact the Bemidji-Grand Rapids project team with questions by calling Routing Lead Bob Lindholm or Communication Specialist Cindy Kuismi at 888-373-4113 or by email at bemidjiinfo@capx2020.com.

You WILL be Happy Again...There is Hope!

By Patsy Gordon

Don't suffer through your grief alone, or don't try to suppress it, thinking it will get better by stuffing it. It won't!

Come and give the Wednesday night "Grief Groups" a try. They are held in the basement of the Methodist Church in Cass Lake across the street from the Boys and Girls Club. Anyone and everyone is welcome to attend. The groups are not affiliated with any churches or religion. It is purely a time for people who are grieving to get together and share their feelings. Talking and sharing your feelings with other people who are suffering through the same thing as you are truly does help. Although you will not be pressured to talk if you choose not to, you can just sit and listen until you feel comfortable enough to share your grief with others who care. No one is going to laugh if your emotions show through! Crying is also really helpful while going through your grieving process!

The Grief Group is held every Wednesday night at 5:00 p.m. A light meal is served before every meeting.

The group plans to start serving larger meals also as the group grows. If you need a ride, someone can come and pick you up. Please feel free to call 766-4651 or 760-2116 for a ride. We will be more than happy to assist you!

You will find that talking and sharing your grief really does help! We promise that you will leave feeling better after each group get together.

So come and give it a try. You will be glad you did.

Expanded Access to College Financial Aid for Former Foster Youth

Voice for Adoption News Release

A new federal law removes a financial disincentive to adopting teens in foster care

How will the new law help youth?

The new law will make it possible for teens in foster care to be adopted without losing access to college financial aid. Under this new law, youth who are adopted from foster care at any point after their 13th birthday will not have to include their parents' income in the calculations for determining their need for financial aid.

The Fostering Adoption to Further Student Achievement Act law as an amend-ment to the College Cost Reduction and Access Act (Public Law 110-84). This law includes a revised definition of an "independent student." Currently, youth who were still in foster care as of their 18th birthday are considered to be independent students, meaning that they do not need to count parental income for determining their eligibility for college financial aid. The revised definition of "independent student" will extend to youth who were in foster care on or after their 13th birthday, even if they have sub-sequently been adopted.

When will this change take effect?

This expanded definition of "independent student" will go into effect in July 2009, to apply for the 2009-2010 school year. The provision will apply to youth even for adoptions that were finalized before the law was passed in 2007. Youth who meet the new definition will need to indicate their status as an independent student when they fill out the Free Application for Federal Student Aid (FAFSA) form for college financial aid.

George Cummings

Wasayishig

George Cummings, age 81, of Bena, MN died Friday, March 7, 2008 at North Country Hospital in Bemidji, MN.



George was born March 5, 1927 in Boy Lake Village in Rogers Township, the son of Thomas and Susan (Bear) Cummings. He grew up, and when he turned eighteen, enlisted in the U.S. Navy Reserve. Following his time in the Navy, he re-enlisted in the U.S. Army. After his time in the military he returned home and spent several years logging in the Crane Lake area, and then returned to the Bena area where he had spent the last 30 or more years. He enjoyed hunting, trapping, and going for drives in the woods. Attending pow-wow's was important to him and he also liked to take photos of many things. He was a quiet man, never complaining, and always persisted in his circumstances.

He is survived by a sister; Helen Cummings, nieces; Beverly Allen, Bernice Mitchell, Maxine Manypenny, Sharon Burnette, Gladys Burnette, Charlene Smith, Christine Cummings, and Paula White, nephews; David White, Ronald Burnette, Vernon Mitchell, Willis Burnette, Terry Mitchell, and Michael Burnette, numerous grand nieces, grand nephews, and cousins.

He was preceded in death by his parents, son, Jerry Bruegger, two sisters Alice Burnette, Dorothy Smith, two brothers; Walter Cummings, Mark

Cummings.

Funeral services were held on March 12, 2008 at the Veterans Memorial Building in Cass Lake with Rev. George Collins officiating. Visitation started on March 11, 2008 and continued until time of service. Burial will be later in the spring at the Boy Lake Cemetery. Dennis Funeral Home of Cass Lake handled funeral arrangements.

Renea Ann Patzer

Renea Ann Patzer, 35, of Indianapolis, Indiana, died on January 23, 2008, at the Wishard Hospital in Indianapolis.

She was born on May 14, 1972, in Hennepin County, Minneapolis, MN. She was adopted by Arlington (Arle) and Ramona Patzer. She grew up in the Crosby area until she was 4 years old and then the family relocated to many different areas. She lived in Walker, MN for a short time before going back to Indianapolis. She went to school in Alexandria, Mn, and finished in Minneapolis. She loved being with her son, family and friends. She also liked to read, listen to music, and watch TV. She worked at the Leech Lake Casinos in both Walker and Cass Lake.

She is survived by her son, Rafael, mother Romona of Cass Lake, one brother Jay (Sherri) of Coon Rapids, MN, one niece Kayla of Coon Rapids, and many aunts, uncles, numerous cousins and friends.

She was preceded in death by her father Arle, grandparents and one uncle.

A private service will be held in April at her family's home in Cass Lake, Mn. Memorial services will be held in the spring.

Lena Chase

Lena Chase, 77 of Cass Lake, MN died Thursday, March 13, 2008 at North Country Regional Hospital in Bemidji, MN.



Memorial Services were held on March 15, 2008 at the Bena Community Center (Old Housing) in Bena, MN. Interment followed will be at the Lakeview Cemetery in Bena, MN in the spring. Arrangements are with the Cease Family Funeral Home of Cass Lake.

She was born on May 11, 1930, in Sugar Point, MN, the daughter of Walter Sr. and Tillie (Whitecloud) Chase. She attended school in Federal Dam. She worked for Hennepin County as a surgical instrument aide for over 20 years until her retirement. She resided in Minneapolis for many years with her daughter before returning home. She enjoyed puzzle books, playing at the casino, and traveling.

She is survived by her: Daughter, Dalee Ambers, Aunt, Marie Davis, Brothers, Walter (Nadine) Chase, Arthur Chase, Jerry (Lois) Chase, Joseph (Gladys) Chase, Sisters, Hilda Beaulieu, Hazel (Jim) Zimpel, Marilyn (Gary) Hanson, numerous nieces, nephews, and cousins.

She was preceded in death by her parents, brothers Donald Chase, David Chase, Harry Chase Sr., sister Leona Chase, nephews Jimmy Chase Jr., Gary Hanson Jr., Leedon Beaulieu, and Cory Chase.

Mindy Sue Donnell

Mindy Sue Donnell, 34, Bena, Minn., died on March 5, 2008 at St. Mary's Hospital, in Duluth, Mn.



Mindy was born June 17, 1973 in Cass Lake. She was raised in Ball Club, Minn., graduated from Deer River High School and was employed at Leech Lake Gaming before becoming a stay at home mom. Her hobbies included golfing, bowling, ice fishing, hunting, four-wheeling and playing with her children.

She is survived by her husband George Donnell; children, Tony Stangel, Alex Stangel, Macy Stangel and Hannah Fairbanks. Also, stepsons, Benji Swanson, Mike Donnell; stepdaughter, Michelle Holthausen; brother, David Fairbanks; sister, Gina Campbell (Bob); brothers, Benjamin Fairbanks, John Fairbanks, Dustin Fairbanks, Derek Fairbanks; sisters, Dora Fairbanks, Elizabeth Fairbanks; mother, Kathy Sheffield (Brad) and father, Gene Fairbanks (Debbie); numerous aunts, uncle, nieces and nephews.

Visitation was held at the Ball Club Community Center. Funeral services were held on March 10, 2008 at St. Mary's Catholic Church in Deer River, Mn. Burial followed at the Fairbanks Cemetery. Arrangements were handled by Carroll Funeral Home, Deer River.

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DeBahJiMon

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Patsy Gordon, Managing Editor & Graphic Designer

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Phone: (218) 335-8225 • Fax: (218) 335-3668
Deadline for May is April 21, 2008

Markell Steven Morris

"Makoonz – Little Cub"

Markell was born to Carla Gale and Curtis Morris on November 18, 2007. We only had a short time with our son but we enjoyed every minute, for he was very special to us. He mostly slept through this part



of his life and he also loved to eat. We enjoyed his little smiles, his cries, and his silly faces he'd make. We'll always remember December 24th; for it was the first time he tried to laugh when his dad tickled him. He loved to be walked around, rocked while held in our arms, or bounced in his bouncer. He was especially a "Daddy's Boy".

He is survived by his parents, his maternal grandparents, Lori Gale and Leo Jones; his paternal grandparents, Susan Morris and Kenneth Conger, Sr., his brother, Richard Norton, Jr., sisters, Fantasia Norton, Dalee Morris, Mariah Morris, Acacia Ruschmeier, and Akili Hamley; aunts, Twila Morris, Ramanda and Dawn Conger, Linnea Gale (Rick Schulman), Mardee, Tiffany and Jessica Jones; uncles, Kenneth Conger, Jr., and Leo Jones, Jr., and numerous aunts, uncles, cousins, and friends.

He was preceded in death by grandfather, Curtis D, Laducer; great grandmother, Jeanette Laducer, great-great grandmother, Lillian Gale, and great grandparents, Della and Ron Gale.

A traditional wake started on February 14, 2008 at the Battle Point Community Center and continued until the time of services on February 16, 2008. Spiritual advisor, Steve Jackson, officiated. Funeral arrangements were handled by Thomas Dennis Funeral Home.

Toni Casey

Toni Elson Casey, 38, of Cass Lake, MN died on March 26, 2008 at St. Mary's Medical Center in Duluth.

Funeral Services were held on April 3, 2008 at the St. Charles Catholic



Church in Cass Lake with Father Anselm Thevarkunnel officiating. A wake began on April 1st at the Veteran's Memorial Building in Cass Lake and continued until the time of the services. Interment followed at the Pine Grove Cemetery in Cass Lake under the direction of the Cease Family Funeral Home of Cass Lake.

Toni was born December 4, 1969 in Winsted, Minnesota, the daughter of Thomas and Hazel (Raisch) Casey. She grew up in Montrose, Minnesota area of Wright County. She moved with her family to Cass Lake in 1980 where she attended the Cass Lake –Bena High School. She attended the Leech Education program for secretarial skills and natural resources programming. She then lived in Cass Lake where she was a stay at home mother. She enjoyed the outdoors, taking walks and going for rides. She loved spending time with her family and friends.

She is survived by 2 sons- Thomas (Bobbi) Casey II and Anthony Casey both of Cass Lake, a daughter- Geraldine Casey of Cass Lake, her parents- Thomas and Hazel Casey of Cass Lake, a grandson- Ross Littlewolf of Cass Lake, 2 sisters- Jo Hilde of Duluth, and Samantha Casey of Cass Lake.

Several nieces, nephews, cousins, 2 uncles and 2 aunts.

She was preceded in death by her 3 daughters, Heather, Georgianna and Nikki Jo Casey.

Honorary Casket bearers will be Janice "Munchkin" Holstein, Bobbi Mountain, April Voeltz, October Voeltz, Tony Budreau, Dawn Fineday.

Active Casket bearers will be Jason Voeltz, Mark Voeltz, Rod Johnson, Vern Wakanabo, Ron "Dood" Wakanabo, George "Juno" Whipple, Jr.

Danette Bruce

Danette Ann Bruce, whose Ojibwe name is "Wabi-zhay-si-equay" which means "White Martin Woman", 35, of Cass Lake, MN died on March 25, 2008 at North Country Regional Hospital in Bemidji, MN.

Funeral Services were held on March 28, 2008 at the Onigum Community Center in Onigum, MN with Pastor James Moses officiating. A wake started on the preceding Thursday afternoon at the Onigum Center and continued until the time of services. Interment followed at the Old Agency Cemetery in Onigum under the direction of the Cease Family Funeral Home of Cass Lake.

She was born December 19, 1972 in Minneapolis, MN, the daughter of Daniel

and Bonita (Goose) Bruce. She grew up in Minneapolis. She was a single stay at home mother. In 1995, she moved to Bemidji, and in 1999, she moved to Cass Lake. She loved cooking and spending time with family and friends having fun. She enjoyed being artistic- writing poetry, drawing, doing bead work.

She is survived by her mother- Bonita Bruce of Walker, 4 children- Curtis Hoffman III, Cory Hoffman, Catherine Bruce, Dalton Bruce, all of Walker, MN, 6 sisters- Debi Bruce, Diane Bruce, Deana Bruce, Darla Bruce all of Minneapolis, Carrie Bruce and Jeanie Goose of Walker, 4 brothers- Danny Bruce of Minneapolis, Jimmy Bruce of Minneapolis, Jeffrey Goose of Walker, and John Goose of Minneapolis, numerous nieces, nephews, cousin, uncles and aunts including a special aunt – Roxanne Goose of Cass Lake, and special friend – Fred Fairbanks of Cass Lake.

She was preceded in death by her father- Daniel Bruce and a son – Douglas Bruce.

Honorary Casket bearers were Tiffany Belcourt, Bonnie Earth, Crystal Desjarlais, Deana Bruce, Jenni Bruce and Debi Bruce.

Active Casket bearers were Wayne Smith, Edward Blomseth, Jeff Goose, Sr., George Earth, Curtis Hoffman III, Cory Hoffman.

James "Wiisin" Rogers

James "Wiisin" Rogers, 48, of Cass Lake, MN died on March 23, 2008 in Cass Lake, MN.

Funeral Services were held on March 29, 2008 at the Cass Lake Facility Center in Cass Lake, MN with Spiritual Leader Bill Butcher officiating. A wake began on March 27, 2007 at the Cass Lake Facility Center and continued until the time of the service. Interment followed at the Oak Point Cemetery in rural Cass Lake, MN under the direction of the Cease Family Funeral Home of Bemidji.

He was born on January 3, 1960, in Cass Lake, MN the son of Leroy "Gee-Wiss" Smith and Dorothy Rogers Whelan. He was raised and attended school in Cass Lake. He graduated from the Bug School and went into the US Navy. Upon discharge from the Navy in 1980, he



returned to Cass Lake. He had numerous jobs in the area and attended Leech Lake Tribal College in 2003-4 while he worked as a Tech at Detox.

He is survived by: Daughter, Jackie Rogers Beaulieu of Minneapolis, MN, Brothers, William Whelan of North Platte, Nebraska, Thomas "J.R." Smith of Chicago, Sisters, Pam Smith of Cass Lake, Clarinda Ramage of San Diego, CA, Aunt, Ruby Rogers, Uncles, Calvin (Mag) Smith, Melvin Smith, several Nieces and Nephews.

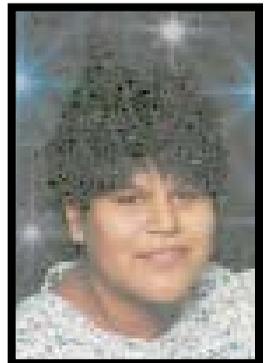
He was preceded in death by: his parents, sister Cheryl Smith, grandparents, and numerous aunts and uncles.

Active Casket bearers were James Martin, George Wind, Stacy Smith, Terry O'Connor, Vince Lowry, and Lawrence "Boy" Hart, with alternates Marvin Rogers and Bobby Kuykendall.

Honorary Casket bearers were Matt Hunt, and Wii-Sin's Crew, the Boys.

Tanya Sargent

Tanya Leigh-Anne Sargent, 32, of Bemidji, died peacefully on March 30, 2008 at her home in Bemidji. She was a dialysis patient waiting for a kidney.



Traditional Services will be at 11:00 am, Monday, April 7, 2008 at the Veteran's Memorial Building in Cass Lake. A wake will begin at 12:00 pm on Friday at the Veteran's Memorial Building in Cass Lake and continue until the time of services. Interment will be at the Old Agency Catholic Cemetery in Onigum under the direction of the Cease Family Funeral Home of Cass Lake.

She was born January 26, 1976 in Minneapolis, MN the daughter of Clifford Garbow and Cynthia (Aitkin) Keefer. She attended school at Cass Lake Bena Elementary and Chief Bug-O-Nay-Ge-Shig schools. She also went to Tribal College. She enjoyed traveling to pow-wows, spending time with family, bike riding, telling others about her childhood, doing crossword puzzles and movie nights. She would always cheer someone up and when someone was hungry she would feed them. She will be missed by all.

She is survived by her husband:

Tanya Sargent Cont. on page 16

Tanya Sargent

Continued from page 15

Jeffrey Keezer of Bemidji, Daughters: Senecca, Anevey and Hattie Keezer all of Bemidji, Christena Keezer of France, Father: Clifford Garbow of Minneapolis, Brothers: Mike Smith of Cloquet, MN, J.D. Bluewolf of Maryland, Sisters: Dodie Day of Onigum, MN, Tina Garbow of St. Paul, MN, 1 grandson: Jeffrey Joseph Keezer of France, and numerous nieces and nephews.

She was preceded in death by her mother Cynthia Keefer, son Jeffrey Keezer and brother Curtis Day-Monroe.

Honorary casket bearers will be Jeffrey, Senecca, Anevey and Hattie Keezer, Dodie Day, Brittany, Brooke Olson, Tina Headbird, Arlene Fairbanks, Joe Fairbanks and Cliff Garbow.

Active casket bearers will be J.D. Bluewolf, Mike Smith, Daniel Olson, Jr., Patrick Kelleher, Sonny Hernandez and Tina Garbow.

**Me-Gwitch!**

From the family and relatives of Joseph Mitchell. We take this opportunity to thank you for help, prayers, sympathy and love shown to us, we cannot begin to name them all, also for the abundance of food brought in. We especially recognize Heartland Hospice Care of Minneapolis, Terry and Penny, and her family, for 24 hour care in the last weeks of Joe's life. We pray God's Love and Blessings on each and every one of you.

From the family and relatives of George Cummings. We take this opportunity to thank you for help, prayers, sympathy and love shown to us, we cannot begin to name them all, also for the abundance of food brought in. We pray God's Love and Blessings on each and every one of you.

First Widow's Club

Monday, April 14th at 6:00 pm
AmericInn Conference Room.
Walker, Mn.

Where widow's meet, learn, share,
laugh and heal together
Questions? Stacy Little: Facilitator,
547-1331 or email quake@eot.com



LEECH LAKE TRIBAL COLLEGE SPRING ART EXPO 08'

Entry Deadline April 18th 4:00 Drop off at BSU Indian Studies Department

<p>Eligibility and guidelines</p> <ul style="list-style-type: none"> • Must be of Native descent or currently enrolled in a Native American Studies Program • Non-native participants will not fall under the competition guidelines and will be entered as Display only • Students who are not tribally enrolled, but are currently enrolled in Native American Studies Program, will also fall under the Display only rules. • Limit of 5 entries per artist. • Original only! No hand painted or hand decorated commercial dolls. • Paintings must be matted and framed to be displayed. • Artwork must have been created within the past two years at the time of entry. 	<p>Competition for Native American Artists Art Prizes will be awarded for each category along with two prizes for Best of Show</p> <p>OPENING April 21st 4:00p.m.-6:00p.m.</p> <p>Artist Awards May 2nd 7:00p.m.-9:00p.m.</p> <p>To be held at the American Indian Resource Center Bemidji, MN</p>	<p>Traditional and Contemporary Art Categories Include:</p> <p style="text-align: right;">Painting Oil, Acrylic, Watercolor</p> <p style="text-align: right;">Sculpture Stone, Wood, Clay</p> <p style="text-align: right;">Drawing Pencil, Color pencil, Pen and Ink</p> <p style="text-align: right;">Basket Black Ash, Willow, Clay, Quill</p> <p style="text-align: right;">Beadwork Garments, Moccasins</p> <p style="text-align: right;">Fabric Jingle Dress, Quilts</p> <p style="text-align: right;">Photography</p> <p style="text-align: right;">Mixed Media Traditional, Contemporary</p> <p style="text-align: right;">Pottery</p>
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Contact Dewey 335.4265 or Ben 755.3979

April 5th at Cass Lake High School Leech Lake Tribal College Pow-Wow Grand entry 1:00
April 25th warm ups April 26th All Day John Glas Field House at Bemidji State University

UPCOMING POW-WOW DATES