

**Mission Statement**

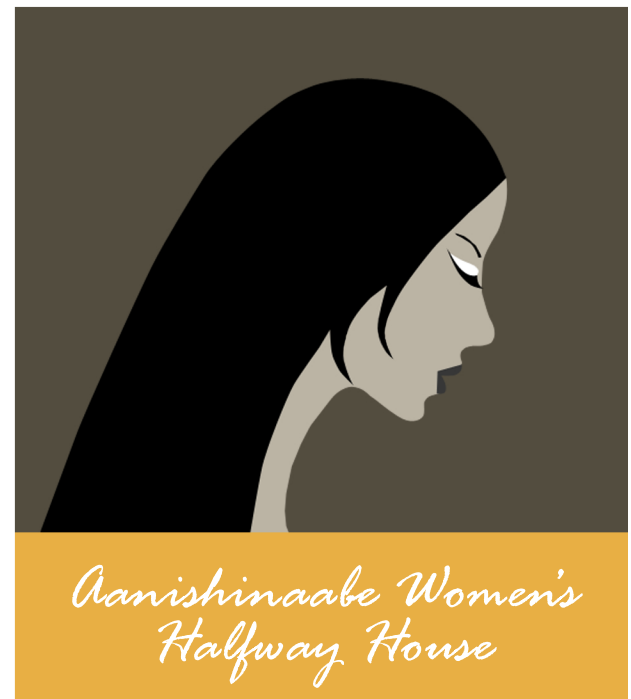
The Leech Lake Anishinaabe Women’s Halfway House is devoted to your recovery in every way. We base our program on the Seven Teachings: Courage, Truth, Humility, Wisdom, Love, Honesty and last but certainly not least Respect, the “Twelve Traditions’ and the “The Twelve Step Model. We are staffed by persons of integrity (doing the right things when no one is looking). We understand commitment is the main element when walking the “Red Road” and we are dedicated to assisting you in your sobriety.

We are a team and as a team we work together, we are women with a vast array of experience and heart knowledge to reach out to those that are hurting. We have an open door policy; no problem is too big, no question to small. We provide nothing but the best possible sober living conditions to promote self worth and self esteem right from the start. Our philosophy is all about community, which is vital to our tribe. At the Leech Lake Women’s Halfway House we have a sense of family and sisterhood.

Aanishinaabe Women’s Halfway House  
115 Sixth Street NW, Suite E  
Cass Lake, MN 56633



*“Devoted to Your Recovery!”*



Aanishinaabe Women’s Halfway House

(218) 335-8288 Phone  
(218) 335-7272 Fax

113 7th Street NW  
P.O. Box 414  
Cass Lake, MN 56633

## Our Facility



We are a seven bed three bedroom facility. Our rooms are beautifully furnished with pine beds, dressers and footlockers.

### Our Building and Playground

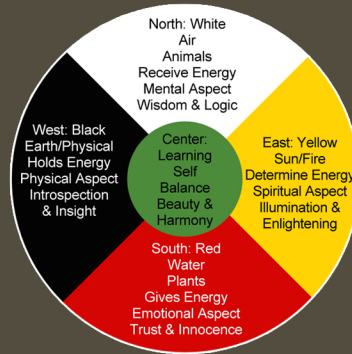
Our building is new, under five years old and has a chain link fence that surrounds it on two sides. We have a playground for when children come to visit parents or grandparents. It is fenced in and has plenty of room for children to play; slide, Monkey bars, Swings and a Jungle Gym. We encourage clients to have family members come and spend time also a short walk away is Dream catcher Park. This park has many swings, slides and all kinds of fun things for children to play with.



### Security

We have 24/7 camera surveillance and Leech Lake Security performs spot checks. The Cass County Sheriff and Leech Lake Band of Ojibwe Tribal Police are within minutes of our facility.

## Treatment Approach

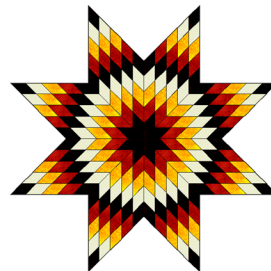


The Leech Lake Anishinaabe Women's Halfway House treatment component is designed to work with the client as a "whole", Native American 12 Step approach, individual counseling, groups, Cognitive Behavioral therapies, Service coordination, relapse education as well as incorporating women's issues, with a Special focus on trauma grief and loss for a total or minimum of 15 hours per week of **treatment**.

This is the time to silence the world around you and to put the focus back on yourself and your recovery; a chance to build a relationship with yourself and the Creator (higher power of your choosing). To help you to grow and strengthen as an individual in preparation to return back to your home, family, community and share your healing experiences with others.

### Staff

We have a fully trained staff consisting of four Technicians, Licensed Chemical Dependency Counselor and a Manager.



## Walk in Balance With All



**Nibwaakaawin - Wisdom:** Wisdom is given by the Creator to be used for the good of the people.

**Zaagi'idiwin - Love:** To know love is to know peace and freedom. Love must be unconditional.

**Minaadendamowin - Respect:** To honor all creation is to have respect for all life, respect for one's self, and respect for the body. If respect is given respect will be given back.

**Zoongide'ewin - Bravery:** Bravery is to face a foe with integrity. In the Anishinaabe language it literally means "state of having a fearless heart". To do what is right even when a person might be put in harm's way.

**Gwayakwaadiziwin - Honesty:** Being honest and true in word and action. Being honest first with yourself and you will easily be able to be honest with others, can mean "righteousness".

**Daabaaadeniziwin - Humility:** Humility is to know yourself as a sacred part of Creation. You are equal with all but are not better and are compassionate.

**Debwewin - Truth:** Truth is to know all these things and hide them in your heart, speak truth, do not deceive yourself and others.