COVID-19 in Minnesota:
State Update

By Kayla Duoss

MINNEAPOLIS — It’s officially been one year since the COVID-19 pandemic began, and the odds are finally looking in our favor.

According to the MN Department of Health more than 22 percent of Minnesotans have received at least one COVID-19 vaccine dose, and nearly 13 percent of state residents have completed vaccinations. While state officials recognize the progress within the numbers of vaccinations occurring, they are emphasizing the need for people to continue wearing masks and following physical distancing guidelines to prevent the spread of the coronavirus.

“It’s just really important that we keep the cases down even as we are getting more people vaccinated. This is really a race against time. It’s getting people vaccinated before these variants can take hold,” Health Commissioner Jan Malcolm told reporters on Friday, March 12.

Also announced Friday, were new rollbacks on COVID-19 restrictions put in place by the Walz administration. Starting March 15, people will be able to gather in groups of up to 50 people outdoors and 15 indoors, while indoor capacity at bars and restaurants will increase to 75 percent. Bar seating will increase to parties of four. An 11 p.m. curfew remains for pubs and eateries but officials said they continue to discuss that. Capacity limits will also go up at fitness centers — up to 50 percent — and entertainment venues — 50 percent, with a limit of 250 people.

The occupancy limit goes away for religious services and at salons and barbershops, but social distancing will still be required. The state is also rolling back restrictions on large venues, effective April 1.

Gov. Tim Walz is rolling back COVID-19 restrictions his administration put in place as stats improve for MN.

Walz says these changes are only a positive sign of what’s to come.

“We’re beating this thing. We are going to win. It may not be the end but it’s sure the beginning of the end,” Walz said in remarks Friday morning. “Normalcy is on the horizon.”

A look at the numbers as of March 12:
• The Minnesota Department of Health says the state’s total number of confirmed coronavirus cases is now at 497,392. Of them, nearly 482,053 no longer require isolation.
• The state’s death toll is now at 6,746 with 4,240 of those deaths involving cases in long-term care (LTC) facilities.
• Health officials say approximately 7,757,403 Minnesotans have been tested for the virus so far including 4989 on the reservation.

If you are experiencing symptoms or have been exposed, please call the Cass Lake IHS COVID hotline at 335-3426 or 335-3427 Monday through Friday 8:00 am to 4:30 pm. If you are experiencing shortness of breath, please contact the Emergency Department at 335-3327 or dial 911.

IHS eligible community members 16 years and older are now eligible to receive the COVID vaccine. If you are interested please call the COVID-19 Vaccine hotline and reserve your spot now at 218-368-4763.
Incident Management Team March ‘21 Update Regarding Leech Lake Vaccine Rollout and COVID-19 Guidelines

By Michael Chosa

Vaccine Rollout Advances to Tier 3b

The vaccine rollout has advanced again and will now include all community members, ages 16 and over, in the cities of Bemidji, Blackduck, Remer, Kelliher and Tenstrike. Due to State guidelines, Tier 4 has been removed from the community rollout plan and the current tier represents the extent of the mass vaccination plans on Leech Lake. All interested persons must make an appointment to receive their vaccine using the Vaccine Hotline by calling 218-368-4763. Leech Lake Band Members and Elders will continue to receive preference when making appointments.

* See Graphic Below

CDC Mask Guidance Changes

Earlier this week the CDC released new guidance for individuals who are “fully vaccinated”. We would like to remind everyone that this does not affect the current LL RBC mask mandate in effect for all LLBO buildings and facilities. To be clear, masks or cloth face coverings will continue to be required in all LLBO Buildings until the Public Health Emergency is declared over.

People are considered fully vaccinated:

- 2 weeks after their second dose in a 2-dose series, like the Pfizer or Moderna vaccines, or
- 2 weeks after a single-dose vaccine, like Johnson & Johnson’s Janssen vaccine

If it has been less than 2 weeks since your first dose, or if you still need to get your second dose, you are NOT fully protected. Keep taking all prevention steps until you are fully vaccinated.

What has changed?

If you’ve been fully vaccinated:

- You can gather indoors with fully vaccinated people without wearing a mask.
- You can gather indoors with unvaccinated people from one other household (for example, visiting with relatives who all live together) without masks, unless any of those people or anyone they live with has an increased risk for severe illness from COVID-19.
- If you’ve been around someone who has COVID-19, you do not need to stay away from others or get tested unless you have symptoms.
- However, if you live in a group setting (like a correctional or detention facility or group home) and are around someone who has COVID-19, you should still stay away from others for 14 days and get tested, even if you don’t have symptoms.

What has not changed?

For now, if you’ve been fully vaccinated:

- You should still take steps to protect yourself and others in many situations, like wearing a mask, staying at least 6 feet apart from others, and avoiding crowds and poorly ventilated spaces. Take these precautions whenever you are:
  ◊ In public
  ◊ Gathering with unvaccinated people from more than one other household
  ◊ Visiting with an unvaccinated person who is at increased risk of severe illness or death from COVID-19 or who lives with a person at increased risk
  ◊ You should still avoid medium or large-sized gatherings.
  ◊ You should still delay domestic and international travel. If you do travel, you’ll still need to follow CDC requirements and recommendations.
- You should still avoid medium or large-sized gatherings.
- You should still delay international travel.
- You will still need to follow guidance at your workplace.

For more info visit: https://www.cdc.gov/coronavirus/2019-ncov/vaccines/fully-vaccinated.html
The written acknowledgement with traditional territories.

Land acknowledgements typically expand to accommodate the many Ojibwe people who could not easily consolidate on the reservation. It was expanded again in 1864 to include the town of Bemidji and the land on which the BSU campus now sits.

The written acknowledgement has been in the works for over two years. Erika Bailey-Johnson, director of Bemidji State's sustainability office and Niizhoo-gwayakochigewin program, began drafting a land acknowledgement with colleagues across campus in Spring 2019 after attending a conference where one was prominently featured.

The final draft of the lack of acknowledgment was vetted by faculty, staff and the campus community through an all-campus survey, a panel discussion and bargaining unit presentations, and until final approval was received from President Hensrud on March 3.

“The BSU administration, staff and students know that history did not begin with the arrival of the first white explorer, settler or lumberjack,” Hensrud said. “Everyone who comes to campus should know about the historical and contemporary presence of Indigenous people here. This land acknowledgement seeks to make that a natural, visible part of who we are and what we do at BSU.”

Bemidji State Issues Land Acknowledgement

By Kayla Duono

BEMIDJI — Bemidji State University has released its official land acknowledgement.

Land acknowledgements typically seen in formal settings are statements often presented verbally, or through signage that recognize and respect local Tribal communities and ancestors’ relationship with traditional territories.

Bemidji State University sits on land first occupied by the Dakota and later by Ojibwe. In 1863, the Leech Lake Reservation east of Bemidji expanded to accommodate the many Ojibwe people who could not easily consolidate on the reservation. It was expanded again in 1864 to include the town of Bemidji and the land on which the BSU campus now sits.

The acknowledgement in full:

“We acknowledge that Bemidji State University is located on land and water that is the current and ancestral homeland of the Ojibwe and Dakota. We acknowledge the painful history of genocide, forced assimilation, and efforts to alienate the Indigenous inhabitants from their territory here. We honor and respect the many diverse Indigenous peoples still connected to this land, retained tribal sovereignty, treaty rights, and cultural resilience. Indigenous people are spiritual and physical caretakers of this land to which we all belong. Bemidji State University respects these sacred lands, stands with the community members from these Nations, and will fight injustice in all its forms.”

How to Track Your Stimulus Payment/FAQ

WASHINGTON — Those awaiting the arrival of the third stimulus payment, which the IRS began processing and depositing Friday March 12, can now track its status on the Internal Revenue Service’s (IRS) website.

You can track the status of yours using the IRS’s Get My Payment tool on their website.

Those with direct deposit set up with the IRS will receive their payments first. After those deposits, the IRS will mail paper checks and prepaid debit cards to everyone else who qualifies. The Get My Payment tool will tell users what type of payment they can expect.

The Get My Payment tool will show you one of two messages once logged on:

Payment Status: This means that your stimulus payment has been processed. The stimulus payment status will show the payment date and how the stimulus check was issued, including by direct deposit or by mail.

Payment Status Not Available: If you get this message, there could be several explanations. First, you may not be eligible for a stimulus check. Second, you could be eligible for a third stimulus check, but the IRS may not have enough information to verify your identity.

Stimulus Checks Q&A

How much is the new stimulus check?

- Individuals: $1,400
- Joint / Married Filers: $2,800
- Dependents: $1,400

What if I am not required to file a tax return? Can I still track my stimulus check?

To use the Get My Payment tool to check the payment status of your stimulus check, the IRS needs enough information to verify your identity.

What if I didn't receive the past stimulus checks?

If you did not receive either the first or second round of stimulus checks from the Federal Government, you may be able to claim the 2020 Recovery Rebate Credit through your taxes and receive them in your return. To claim the 2020 Recovery Rebate Credit, according to the IRS website, you must file a 2020 income tax return even if you are not required to file.

Is this stimulus provided by the Federal Government or Tribal?

This stimulus is provided through the Federal Government’s “American Rescue Plan”, LLBO will release a public statement if funding does come through for further Tribal payments.

District III Elder Birthdays

April

ALL ELDERS ARE ENTITLED TO $10 SLOT PLAY & $10 MEAL COUPON THAT MUST BE USED WITHIN THE BIRTHDAY MONTH.

Peggy Hunt
Randy Finn
Cherilyn Martin-Wade
George Goggleye
Evelyn Monroe
Crystal Goose
Brenda Northbird
Gary Hanson
Terrance O’Connor
Yvonne Hardy
Joann Orley
Kay Jackson
Leslie Reese
Louise Jackson
Linda Reese
Anthony Jenkins
Franklin Robinson
Elaine Jenkins

Bryan Rock
Rose Johnson
Dawn Schubel
Maxine Johnston
Jo Ann Staples
Susan Jones
Eunice Taylor
Margaret Jordan
Clyde Tibbetts
Robert Adams Sr.
Theresa Jordan
Beverly Tonce
Robert Charwood
Theresa Kangas
Robert Whipple
Clifford Cloud
Jeffrey Kingbird
LeRoy Whitebird

Donna Day
Mary Lou Ladeaux
George Wind
Lawrence Day
Sidney LaRose
Elizabeth Drummeter
Arlene Larson
Kerry Elmberg
James Littlewolf
Dale Fairbanks
Kenneth Harrison
Edward Fairbanks
Cecil Haugen
Judith Fairbanks
Earl Headbird
Karen Fineday
Caroline Hulett
Patrick Finn

THE OFFICIAL RADIO STATION OF THE LEECH LAKE BAND OF OJIBWE

90.1 FM THE EAGLE KOJB
LEECH LAKE BAND OF OJIBWE

THE OFFICIAL RADIO STATION OF THE LEECH LAKE BAND OF OJIBWE
WASHINGTON – Deb Haaland is now the first ever Native American Cabinet Secretary.

In a Senate vote, Monday, March 15, Haaland’s historic appointment to the Department of Interior was approved with a vote of 51-40.

As Secretary of the Interior, Haaland will be responsible for not only managing the nation’s public lands but also honoring treaties with Tribes. Haaland addressed the House, Tuesday morning to discuss her appointment and say goodbye to her fellow congress members.

“When I was a little girl, none of this crossed my mind as a possibility for me. I wasn’t one of the students picked out to apply to college. In fact, I didn’t apply to college until I was 28. I was constantly struggling to make ends meet and raise my child as a single mom. Growing up, native women rarely held federal leadership positions, and now little girls everywhere will know that they can run for congress and win. And that this country holds promise for everyone. In fact, it’s the unique experiences and struggles that make good leaders and why I became an organizer in the first place. I believe that it’s the fact that I relied on food stamps to feed my family that makes me qualified to advocate for families like mine. It’s the fact that I overcame addiction that makes me qualified to help people who are in their own struggles. It’s the fact that I know what it’s like to be indigenous that makes me qualified to advocate for our country to meet its trust responsibility,” said Haaland.

Haaland’s confirmation has been widely supported among Tribal leadership and activist groups. More than 130 tribal leaders collaborated to write letters to President Biden and Vice President Kamala Harris, citing Haaland’s bipartisan leadership. Native organizations including NDN Collective and IllumiNative created online campaigns.

As a freshman lawmaker, Haaland led a subcommittee that oversaw national forests, parks and public land. Publicly, Haaland has repeatedly noted that tribes haven’t had much voice in determining what happens on their ancestral lands, and the U.S. has failed to uphold promises made through treaties and other acts. Leading many to believe the two-term U.S. congresswoman will push forward on long-standing issues in Indian Country once in her role as Secretary.

Haaland is expected to be sworn in by Vice President Kamala Harris March 18, following her resignation from her seat as a New Mexico congressional representative. A special election to find her replacement in New Mexico is expected to take place in the following months.

During this period the Bureau of Indian Affairs (BIA) wrongly interpreted an order from the Department of the Interior (DOI), which led them to believe they had the authority to sell Tribal lands without the consent of a majority of the landowners. The practice came to an abrupt end in 1959 when the Secretary of the Interior advised the BIA that they were illegal and ordered them to cease the transactions.

A 1986 Supreme Court Decision (UNITED STATES v. MOTTAZ, 476 U.S. 834) ruled that landowners who had lost land in this manner were prevented from seeking legal recourse due to a 12-year statute of limitations clause in the Quiet Title Act of 1972.

The bill acknowledged this decision as well as recognized the ruling of a federal judge who stated that the land could be restored to Tribal trust status for Band members through an act of Congress.

Since the signing of this bill, a flurry of work has been ongoing at Leech Lake Division of Resource Management (LLDRM). To finalize the transfers within the 180 day timeframe as stated in the act, staff have been gathering the congressional required information to submit to the US Secretary of Agriculture. Currently work is ongoing in conjunction with the Chippewa National Forest to identify parcels, compile legal descriptions, identify land encumbrances and develop maps.

One question that has come up since is what will happen to these lands once transferred? Leech Lake Band of Ojibwe has a variety of existing plans that look to the future of our land holdings. Policies and plans exist already that outline Tribal priorities regarding housing, land acquisition, economic development, land and forest management.

For example, If particular parcels of transferred lands area adjacent to current communities, they could be developed into additional housing relatively soon; If a parcel is isolated and forested they would be incorporated in the Leech Lake’s Forest Management Plan that examines conservation and timber management of Tribal owned lands.

Depending on proximity to our communities, viability for economic development and current land use these lands will fall into the planning and policies already developed and regularly updated by the Tribe that governs our land use.

The Leech Lake Restoration Act is a considerable step in correcting this historic wrong that resulted in the widespread theft of Tribal lands within the Leech Lake Reservation. Staff at LLDRM are excited and eager to be working on this monumental project and we hope to be out to the communities in the next few months to share all the work we are undertaking to restore these lands back to the Anishinabe.

**Miigwech.**
New Bill to Bolster Protection for Native American Youth

The Native American Children Protection Act has been introduced in legislation.

By Kayla Duos


The bill seeks to improve the prevention, investigation, treatment, and prosecution of child abuse and neglect in Native lands by ensuring tribes have the resources they need to take care of Native children in culturally competent ways.

It does so by approving and reauthorizing three programs originally passed as part of the Indian Child Protection and Family Violence Prevention Act.

- NACPA establishes a new National Indian Resource Services Center to provide tribes with technical assistance, advice, and training on addressing child abuse, family violence, and child neglect. It will also support efforts to improve intergovernmental coordination between federal and tribal personnel responding to those issues.

- NACPA authorizes grants through the Indian Child Abuse Treatment Grant Program to establish treatment programs and culturally appropriate services for the victims of child abuse and neglect in Indian Country.

- NACPA authorizes formula grants to Tribes under the Indian Child Protection and Family Violence Prevention Program to support the hiring of caseworkers and the establishment and expansion of tribal programs that investigate, prosecute, and prevent incidents of child abuse, child neglect, and family violence in Indian Country.

Passed in 1990, the original bill was drafted in response to widespread reports that Native children were being physically sexually abused in Bureau of Indian Affairs-run boarding schools in the 1980s. The purpose of the original bill was to identify the scope of unreported child abuse in Indian Country, fill gaps in child welfare services and improve coordination in child welfare and domestic violence programs, and to provide funds for mental-health treatment in Indian Country but never succeeded in doing so due to non-existent funding.

“The federal government has a solemn trust responsibility to ensure the protection of the most vulnerable members of Indigenous communities: children,” said Rep. Gallego, former Chairman of the House Indigenous Peoples of the U.S. Subcommittee. “The programs in this bill were first passed years ago as part of a promise to address the impact of abuse of Native children in federally-run boarding schools and prevent anything like it from ever happening again. That promise was broken when these programs were never funded and Tribes never received the support they needed.”

The bill will be voted on by the Senate in the coming months.

31 Billion to go to Indian Country Within American Rescue Plan Bill

By Kayla Duos

WASHINGTON – President Joe Biden, March 11 signed into law the American Rescue Plan (ARP) — a $1.9 trillion comprehensive initiative that will help families that have been hurt financially by the coronavirus pandemic.

The new law also totes the most significant investment in Indian Country ever, at least $31 billion directed at tribal governments and to help Indigenous families.

**Breakdown of Bill**

The $31.2 billion investment in Native communities includes:

- $20 billion for tribal governments to combat COVID-19 and stabilize tribal community safety-net programs with some of that going toward the Indian Health Service for COVID-19 vaccines, testing, tracing, mitigation and workforce expenses.

- $1.248 billion for HUD Tribal & Native Hawaiian housing programs

- $1.1 billion for Native education programs, including Bureau of Indian Education schools, tribal education agencies, tribal colleges and universities, Native Hawaiian education programs, and Alaska Native education programs

- $1 billion for Native families, for childcare programs and more money for the Pandemic Emergency Assistance Fund

- $900 million for Bureau of Indian Affairs programs, with includes welfare assistance, assistance to tribal governments, public safety and child welfare, money for the Housing Improvement Program and money for potable water delivery.

- $600 million for Native communities’ critical economic and infrastructure investments, which includes money for critical infrastructure projects in Native communities

- $20 million to mitigate the impact of COVID-19 on Native languages

- $19 million for Native communities’ efforts to combat domestic violence, with money through the Family Violence and Prevention Services Act and $1 million for “Stronghearts” Native Domestic Violence Hotline.

At the time this article was printed, the Department of Treasury had taken the first step towards distributing the bulk of the funds, scheduling tribal consultations in late March and early April.

It is estimated that tribes may begin receiving ARP funds in late-April or May of 2021.

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**Obituaries**

**Kevin Finn**

Kevin Kade Finn, 1 week old, “Makwa-Makwa” of Cass Lake, Minnesota began his journey to the spirit world on Sunday, February 14th, 2021 from the Cass Lake IHS Hospital in Cass Lake, MN. Baby Kevin was born on Sunday, February 7th, 2021 in Bemidji, MN to Shauncie Hanson and Jayme Finn.

Baby Kevin loved being cuddled and loved by his mom and dad when he wasn’t sleeping in one or the others arms. Though his time here was too short, he will be cherished and missed by his family who fell in love with him the moment they met him.

He is welcomed to the spirit world by his grandpas; Kevin Finn and Douglas Hanson, great grandparents; Joyce and Kenneth Hanson, Hailey Finn, Johnny Smith and Mavis Broker, great aunts; Oras Smith, Jolene Stone, Jolynn Beaudreau along with many other relatives.

Those left behind to cherish his memory are his Mom and Dad, brothers; James Leecy, Duane Finn, Curtis and Carter LaRoque, sisters; Adriana Leecy, Cadence, Caylee and Catelyn LaRoque, grandmother; Patricia Beaudreau, great grandparents; Duane and Gloria Beaudreau and Rosetta Smith, many aunties, uncles and cousins.

Memorial services for Baby Kevin will begin at 11:00 a.m. on Thursday, February 25th, 2021 at the Veterans Memorial Building in Cass Lake, MN. Honorary pallbearers for Baby Kevin are Desiree Finn, Destinee Beaudreau, Myron Harrison, Jr., Sage Humphries, Colter Humphries, Colin Eagle, Sr., Jazlynn Rice, Colin Eagle Jr. and Michael Hilmer. Baby Kevin’s cremains will be cherished by his family.

Baby Kevin’s care has been entrusted to Northern Peace Funeral Home of Walker, MN. Online condolences for the family may be left at www.northernpeace.com

**Cheryl “Sheri” Bowstring**

Cheryl “Sheri” Marie Bowstring, age 59, started on her spiritual journey on Saturday, March 6, 2021 from the St. Mary’s Hospital in Duluth, Minnesota. She was born to Tommy and Adaline Bowstring (Gotchie) Bowstring on August 17, 1961 in Cass Lake, MN.

Sheri graduated from Deer River High School in 1980, and went on to attend Haskell University in Lawrence, Kansas. Sheri lived most of her life in Ball Club and the Deer River area. She also lived in Duluth and Alaska for a short time. Sheri was very generous, a good friend to many and had a sense of humor. She enjoyed spending time visiting friends and family, she attended pow-wows, especially Mi-Gwitch Mahnomen Days, listening to her favorite classic rock station 99.1 to hear Pink Floyd, AC/DC, Lynyrd Skynyrd, Rolling Stones, The Doors and Kid Rock, just to name a few. She babysat for families and friends in the community and around the area. Sheri enjoyed adult coloring books and doing word find puzzles. Her fried chicken was liked by numerous people, especially Travis. Sheri’s list of favorite foods include Banquet chicken, regular Cheetos, regular cream soda, mac salad, fry bread, wild rice, mashed potatoes and gravy. Her favorite color was purple. She was employed by Leech Lake Gaming, Leech Lake ENP and the Bug-o-Nay-Ge-Shig School in various positions for several years before her medical conditions forced her to stay at home. Sheri will be sadly missed by all that knew her.

The family that Sheri joins again are her parents; Tommy and Adaline Bowstring, grandparents; John Bowstring, Rose Lyons, Andrew and Mary Gotchie, brothers; Tom “Bow” and Mark Bowstring, nieces; Sam, Autumn, Tasha, Aliyah, Ryanna, Cedes, Valerie, Allisyn, Tailyn, Kalina and Waa seyaa, nephews; Petey, Richard Jr., Zack, Thomas, Brady, Travis, Troy and George III, special aunt; Hope Thompson and many special friends.

An overnight wake for Sheri will begin at 5:00 p.m., Friday, March 12th and continue until her 9:00 a.m. traditional service on Saturday, March 13th all to be held at the Ball Club Community Center in Ball Club, MN. Waa-maajaa’iwed is Steve Jacson. Helping to lay Sheri to rest are Travis Gale, Troy Bowstring, George Jenkins III, Mike White, Pat White, Milt Gotchie, Darwin Kingbird. The alternate pallbearers are Ben Gotchie, Leo Gotchie, Jr., Joe Kingbird and Kevin Fairbanks, Sr. Her honorary pallbearers are Tracey B., Kelly B., Joe B., Mary Jo R., Jenn C., Sam B., Lisa J., Becky M., Bernie C., Melissa S., Missey B., Michelle S., Doreen S., Terry T., Jen T., Hope T., Elaine G., Chris H., Evelyn H., Rose R., Earlene B., Brenda W., Beaver, Liz S., Shelly B., Bernadette G., Iris B., Wanda YRC, and all her family and friends. Intermment will be in the St. Joseph Catholic Cemetery at Ball Club, MN. The family requests that everyone practice social distancing and to wear a mask if you are planning to attend.

Cheryl “Sheri” Bowstring

**Emily Morris**

Emily Morris, “Giniwikwe” (Golden Eagle Woman), 6 years old, of Battle Point, Minnesota started her journey to the spirit world from her home in Battle Point on Monday, February 22, 2021. Emily was born in Bemidji, MN on October 15th, 2014 to Elizabeth Morris and Ronald White, Jr.

Emily was raised in the Cass Lake/Battle Point area. She enjoyed playing with her Barbies, making V Logs on her mom’s phone, terrorizing her brother Koda and protecting her little brother Sammy. Emily loved spending time with her best friend and cousin Arielle, spending her grandma Denise’s money and especially loved arguing with her dad.

Family that welcomes Emily to the spirit world is her maternal grandfather; Samuel (Raisch) White, maternal great grandma; Cecelia Drouillard, paternal great grandfather; Benny White, maternal aunties; Katherine Morris and Yvonne Fineday and uncle; Samuel Morris, Jr., paternal auntie; Marilyn Losh, paternal uncles; Kenny and Douglas White, Timmy, Richard and Douglas Losh.

Those Emily leaves behind to cherish her memory are her parents; Elizabeth and Ronald Jr., grandma Denise (Victor) Staples, grandfather Ronald (Rita) White, Sr., great grandmother; Rose “Marie” Losh, brothers; Logan, Douglas, Warrior, Edwin, Hunter, Dakota and Samuel, sisters; Shoshawena, Natasha and Chelsea, uncles; Jacob (Connie) Morris, Ryan, Dustin, Eric, Sheldon and Brandon White and Ray Littlewolf, Jr., aun-
Laura Bellanger Therriault

Laura Ann Bellanger Therriault, “Wa-sahge-winubkan” which means “When the sun hits the water and sparkles” age 67, of Cass Lake, Minnesota and the Bear Clan journeyed to the spirit world on Thursday, March 4th, 2021 from Sanford Medical Center in Fargo, North Dakota. She was born the daughter of Delsie “Dolly” (Hart) and Clement “Clem” Bellanger of Squaw Lake on August 4th, 1953 in Cass Lake, MN.

Laura loved flower gardening, pontoon rides, traveling, elephants and especially her grandchildren. She had a big heart who loved and cared for her family unconditionally. Laura was known for her many friends that she carried within her heart. She loved the lake and had many BBQs at her home that always included her infamous potato salad. Laura loved telling stories about her younger years to everyone that would listen. Her loving aura will be missed by all her family and friends.

Family that Laura is reunited with are her husband; Ernest Therriault, parents; Delsie and Clem Bellanger and other family members.

She leaves behind her children; Waikuna (Tina), Lucas (Laura), Zachary, Derrick (Jodale) and Supaya Therriault, grandchildren; Caleb, Keylee, Tristan, Kora, Keenan, Cooper, Callan and Kalihah Therriault, Damion, Lilianna and Carlos Robinson and Keegan Dreher, siblings; Viola, Marcella and Wanda Bellanger, Julie Marotta and adopted sister Linda Zeller, many nieces, nephews, relatives and too many friends to mention.

Wake services for Laura will begin at 3:00 p.m. on Wednesday, March 10th and continue until her 10:00 a.m. traditional service on Thursday, March 11th to be held at the Squaw Lake Fire Hall in Squaw Lake, MN. Zac Earley will be her Spiritual Advisor. Helping to lay Laura to rest are Julian Dreher, Joshua Redday, Isaiah Redday, Brian Hauer, Kenneth Gogolleye and Caleb Therriault. Her honorary pallbearers are all her family and friends. Interment will be in the Bellanger Family Cemetery at Squaw Lake, MN immediately following her services. The family would like to send a special thank you out to Jason Hart.

Laura’s care has been entrusted to Northern Peace Funeral Home Park, MN. Online condolences for the family may be left at www.northernpeace.com

Lori Gale

Lori Renee Gale, 59, of Federal Dam, Minnesota began her journey to the spirit world on Thursday, March 4th, 2021 from her home. She was born in Cass Lake, MN on November 1st, 1961, the daughter of Della (Robinson) and Ronald Gale.

Lori was a loving mother, grandmother and great grandmother who will be missed dearly. She was employed with the Leech Lake Band of Ojibwe for more than 30 years in various positions and departments. Lori loved to play softball, playing in the Bemidji league and all over the country in various tournaments during her summers. She spent the rest of her free time with her friends, family and especially her great grandchildren.

Those left behind to forever cherish her memory are her three daughters; Linnea and Carla Gale and Stephanie Day all of Federal Dam, brothers; Travis Gale and Troy Bowstring both of Ball Club, her significant other; Leo “Barney” Jones of Cass Lake, 18 grandchildren, three great grandchildren and many other relatives.

An overnight wake for Bob will begin at 12:00 p.m., Friday, March 12th and continue until his 1:00 p.m. traditional service on Saturday, March 13th all being held at the Sugar Point Community Center at Federal Dam, MN. Pallbearers for Lori will be David Chase, Jr., Byron Whitebird, Mike Mitchell, Zachary White, Jerrin Wilson and Sean Monroe. Alternate pallbearers are John White and Ronny Day. Her honorary pallbearers are Alvin White, James Mitchell, Shannon Robinson, Sandra White, Mathew Gale, Beverly Beaulieu and Stella Mitchell. Interment will be in the Battle Point Burial Grounds at Federal Dam, MN following her Wednesday service.

Lori’s care has been entrusted to Northern Peace Funeral Home of Walker, MN. Online condolences for the family may be left at www.northernpeace.com.

Robert Morris Sr.

Robert Earl Morris, Sr., age 77, of Bemidji, Minnesota began his journey to the spirit world from his home on Sunday, March 7th, 2021. He was born in Cass Lake, MN on January 9th, 1944 the only son of Gertrude Morris and Robert Rogers.

Bob loved sailing during his time in the US Navy and was very proud of his service. He was a skilled mechanic for the Bug-o-Nay-Ge-Shig School and could always be found under a car wrenching away. Bob loved being on the pow-wow trail and carrying the Eagle Staff, he also enjoyed going to sweat lodges. But most of all, he loved his family, many refer to him as “Dad” or “Papa”.

He leaves behind his sons; Robert (Jessica) Morris, Jr. of Fridley and Jeremiah (Bee Yang) Morris of Anoka, daughters; Lynette Morris of Cass Lake and Bianca (Aiden) Morris of Duluth, stepchildren; Lavonne Piipke and Erika (Dave) Leonard both of Coon Rapids, Marcus Prenger, Jr. of Baudette, Raelynn Prenger and Louis (Jessica) Morris both of Laporte, sisters; Norma (Steve) Ducheneaux and Cheryl (Bernie Brown, Sr.) Johnson both of Cass Lake, grandchildren; William, Milo, Bryan, Elijah, Amy, Allen, Michael, Mark, Krista, Brittany, Mariah, Maria and Miguel Jr., his BFF; May Morris, his fur babies; Baby Blue and Bang’ti, many other relatives and friends.

Bob is welcomed to the spirit world by his wife; Alberta Morris, parents; Bob and Gertrude; stepdad; Norval Rogers, good friend; Dave Roy and several aunts, uncles and cousins.

Wake services for Lori will begin at 11:00 a.m. on Monday, March 8th and continue until her 1:00 p.m. traditional service on Wednesday, March 10th to be held at the Sugar Point Community Center at Federal Dam, MN. Pallbearers for Lori will be David Chase, Jr., Byron Whitebird, Mike Mitchell, Zachary White, Jerrin Wilson and Sean Monroe. Alternate pallbearers are John White and Ronny Day. Her honorary pallbearers are Alvin White, James Mitchell, Shannon Robinson, Sandra White, Mathew Gale, Beverly Beaulieu and Stella Mitchell. Interment will be in the Battle Point Burial Grounds at Federal Dam, MN following her Wednesday service.

Wake services for Bob will begin at 12:00 p.m., Friday, March 12th and continue until his 1:00 p.m. traditional service on Saturday, March 13th all being held at the Veterans Memorial Building in Cass Lake, MN. Pallbearers for Bob will be Robert Morris, Jr, Jeremiah Morris, Louis Morris, Marcus Prenger, Jr, Bernie Brown, Jr, Mick Ducheneaux, Alex Ducheneaux and Joe Ducheneaux. His honorary pallbearers are Marcus Prenger, Sr, Nico “Two Dogs”, Ed Dalton, Terry Jourdain, Bruce White, Melvin Goodman, George Gogolleye, Sr., Frank Reese and Dave Roy. Interment will be in the Leech Lake Veterans Cemetery at Cass Lake, MN. Military honors accorded by the Leech Lake Honor Guard from Cass Lake, MN.

Bob’s care has been entrusted to Northern Peace Funeral Home of Walker, MN. Online condolences may be left for the family at www.northernpeace.com
Leech Lake Band of Ojibwe in Tribal Court


Case No. FA-20-65

NOTICE OF LEGAL PUBLICATION
YOU ARE HEREBY NOTIFIED that on July 10, 2020, a Petition for Guardianship of a Minor was filed with the Leech Lake Tribal Court regarding the child(ren) of the above-named parents. You, the respondent herein, are hereby notified that you must file a response in the office of the Leech Lake Tribal Court on or before July 13th, 2020 at 11:00 a.m., the date of the Initial hearing scheduled in Leech Lake Tribal Court, Tribal Justice Center, Cass Lake, Minnesota. Failure to appear at the above date and time may result in the relief requested in the Petition, and any other relief may be granted as prayed for by the petitioner.

You are served with this notice via legal publication in the DeBahJiMon in two consecutive issues (Leech Lake Judicial Code, title 2, Part II, Rule 5, Section C(5)) because you are a party to this proceeding or you are a person whose presence is important to a determination concerning your child.

LEGAL NOTICE
Leech Lake Band of Ojibwe in Tribal Court
In the Matter of the Guardianship of: A.H. II, DOB: 05/01/2008; A.H., DOB: 04/14/2010. Steven & Rebecca White, Co-Petitioner, And Michelle Losh & Antonio Hanson, Respondents.

Case No. FA-20-76

NOTICE OF LEGAL PUBLICATION
YOU ARE HEREBY NOTIFIED that on August 7, 2020, a Petition for Guardianship of a Minor was filed with the Leech Lake Tribal Court regarding the child(ren) of the above-named parents. You, the respondent herein, are hereby notified that you must file a response in the office of the Leech Lake Tribal Court on or before July 13th, 2020 at 11:00 a.m., the date of the Initial hearing scheduled in Leech Lake Tribal Court, Tribal Justice Center, Cass Lake, Minnesota. Failure to appear at the above date and time may result in the relief requested in the Petition, and any other relief may be granted as prayed for by the petitioner.

You are served with this notice via legal publication in the DeBahJiMon in two consecutive issues (Leech Lake Judicial Code, title 2, Part II, Rule 5, Section C(5)) because you are a party to this proceeding or you are a person whose presence is important to a determination concerning your child.

LEGAL NOTICE
Leech Lake Band of Ojibwe in Tribal Court

In Re: Estate of: Ramona Rose Jackson, died August 21, 2020. A hearing was held before the Honorable David Harrington, Deputy Judge of the above-named Tribal Court located in the Leech Lake Tribal Justice Center, 200 Sailstar Drive NW, in Cass Lake, Minnesota. Failure to appear at the above date and time may result in the relief requested in the Petition, and any other relief may be granted as prayed for by the petitioner.

You are served with this notice via legal publication in the DeBahJiMon in two consecutive issues (Leech Lake Judicial Code, title 2, Part II, Rule 5, Section C(5)) because you are a party to this proceeding or you are a person whose presence is important to a determination concerning your child.

LEGAL NOTICE
Leech Lake Band of Ojibwe in Tribal Court


Case No. FA-20-124

NOTICE OF LEGAL PUBLICATION
YOU ARE HEREBY NOTIFIED that on December 22, 2020, a Petition for Guardianship of a Minor was filed with the Leech Lake Tribal Court regarding the child(ren) of the above-named parent. You, the respondent herein, are hereby notified that you must file a response in the office of the Leech Lake Tribal Court on or before July 13th, 2021 at 11:00 a.m., the date of the Initial hearing scheduled in Leech Lake Tribal Court, Facility Center, Cass Lake, Minnesota. Failure to appear at the above date and time may result in the relief requested in the Petition, and any other relief may be granted as prayed for by the petitioner.

You are served with this notice via legal publication in the DeBahJiMon in two consecutive issues (Leech Lake Judicial Code, title 2, Part II, Rule 5, Section C(5)) because you are a party to this proceeding or you are a person whose presence is important to a determination concerning your child.

LEGAL NOTICE
Leech Lake Band of Ojibwe in Tribal Court


Case No. CV-20-110

NOTICE TO ALL INTERESTED PERSONS AND CREDITORS IT IS ORDERED AND NOTICE IS HEREBY GIVEN that the above-named decedent, John Joseph Raisch Jr., died August 21, 2020. A hearing was held before the Honorable David Harrington, Deputy Judge of the above-named Tribal Court located in the Leech Lake Tribal Justice Center, 200 Sailstar Drive NW, in Cass Lake, Minnesota. Failure to appear at the above date and time may result in the relief requested in the Petition, and any other relief may be granted as prayed for by the petitioner.

You are served with this notice via legal publication in the DeBahJiMon in two consecutive issues (Leech Lake Judicial Code, title 2, Part II, Rule 5, Section C(5)) because you are a party to this proceeding or you are a person whose presence is important to a determination concerning your child.

LEGAL NOTICE
Leech Lake Band of Ojibwe in Tribal Court

In Re: Estate of: Ramona Rose Jackson, died August 21, 2020. A hearing was held before the Honorable David Harrington, Deputy Judge of the above-named Tribal Court located in the Leech Lake Tribal Justice Center, 200 Sailstar Drive NW, in Cass Lake, Minnesota. Failure to appear at the above date and time may result in the relief requested in the Petition, and any other relief may be granted as prayed for by the petitioner.

You are served with this notice via legal publication in the DeBahJiMon in two consecutive issues (Leech Lake Judicial Code, title 2, Part II, Rule 5, Section C(5)) because you are a party to this proceeding or you are a person whose presence is important to a determination concerning your child.

LEGAL NOTICE
Leech Lake Band of Ojibwe in Tribal Court

In Re: Estate of: Ramona Rose Jackson, died August 21, 2020. A hearing was held before the Honorable David Harrington, Deputy Judge of the above-named Tribal Court located in the Leech Lake Tribal Justice Center, 200 Sailstar Drive NW, in Cass Lake, Minnesota. Failure to appear at the above date and time may result in the relief requested in the Petition, and any other relief may be granted as prayed for by the petitioner.

You are served with this notice via legal publication in the DeBahJiMon in two consecutive issues (Leech Lake Judicial Code, title 2, Part II, Rule 5, Section C(5)) because you are a party to this proceeding or you are a person whose presence is important to a determination concerning your child.

LEGAL NOTICE
Leech Lake Band of Ojibwe in Tribal Court

In Re: Estate of: Ramona Rose Jackson, died August 21, 2020. A hearing was held before the Honorable David Harrington, Deputy Judge of the above-named Tribal Court located in the Leech Lake Tribal Justice Center, 200 Sailstar Drive NW, in Cass Lake, Minnesota. Failure to appear at the above date and time may result in the relief requested in the Petition, and any other relief may be granted as prayed for by the petitioner.

You are served with this notice via legal publication in the DeBahJiMon in two consecutive issues (Leech Lake Judicial Code, title 2, Part II, Rule 5, Section C(5)) because you are a party to this proceeding or you are a person whose presence is important to a determination concerning your child.
Rule 5, Section C(5)) because you are a party to this proceeding or you are a person whose presence is important to a determination concerning your child.

LEGAL NOTICE

Leech Lake Band of Ojibwe in Tribal Court

In Re the Guardianship of:


Terri O’Shea, Petitioner: and

Gerri LaRose & Robert Holstein, Respondents.

Case No. FA-20-97

NOTICE

OF LEGAL PUBLICATION

NOTICE OF HEARING

TO: All Parties of Record,

YOU ARE HEREBY NOTIFIED that a(n) Initial Hearing in the above-entitled matter will be held on March 9th, 2021 at 9:00 a.m. in the Leech Lake Tribal Courtroom, Tribal Justice Center, in Cass Lake, Minnesota. The hearing will be before the Honorable David Harrington, Deputy Judge of Tribal Court. You are required to appear at the above time and place for the hearing.

If the petitioner fails to appear at the Leech Lake Tribal Court at the above date and time for the hearing, the matter may be dismissed by the Court.

If the respondent fails to appear at the Leech Lake Tribal Court at the above date and time for the hearing, default judgment may be entered against you at that time and the requested relief may be granted to the petitioner.

You are served with this notice via legal publication in the DeBahJiMon in two consecutive issues (Leech Lake Judicial Code, Title 2, Part II, Rule 5, Section C(5)) because you are a party to this proceeding or you are a person whose presence is important to determination concerning your child.

LEGAL NOTICE

Leech Lake Band of Ojibwe in Tribal Court

In the Matter of the Welfare of the Child(ren) of Selena LaDuke and Mathew Bryan

Court File No. CP-18-53

NOTICE

YOU ARE HEREBY notified that on June 9, 2021 at 10:30AM, a hearing is scheduled regarding a Transfer of Permanent Legal and Physical Custody in Leech Lake Tribal Court regarding the child(ren) of the above-named parents. Please contact Leech Lake Tribal Court Administration for any further questions. The telephone number is (218) 335-3682 or 3586. You are served with this notice because you are a party to this proceeding. If you fail to appear for this hearing the Court may find you in default and enter an order against you.

LEGAL NOTICE

Leech Lake Band of Ojibwe in Tribal Court

In the Matter of the Welfare of the Child(ren) of: Robyn Adams and Derrick Harper Jr.

Court File No. CP-20-26

NOTICE

YOU ARE HEREBY notified that on March 1, 2021, a Child Protection Petition was filed in Leech Lake Tribal Court regarding the child(ren) of the above-named parents. A review hearing is scheduled for June 9, 2021 at 9am. Please contact Leech Lake Tribal Court Administration for any further questions. The telephone number is (218) 335-3682 or 3586. You are served with this notice because you are a party to this proceeding. If you fail to appear for this hearing the Court may find you in default and enter an order against you.

LEGAL NOTICE

Leech Lake Band of Ojibwe in Tribal Court

In the Matter of the Welfare of the Child(ren) of Sloane Dunn

Court File No. CP-20-27

NOTICE

YOU ARE HEREBY notified that on March 22, 2021 at 9AM, an Admit/Deny Hearing is scheduled in Leech Lake Tribal Court regarding the child(ren) of the above-named parents. Please Contact Leech Lake Tribal Court Administration for any further questions. The telephone number is (218) 335-3682 or 3586. You are served with this notice because you are a party to this proceeding. If you fail to appear for this hearing the Court may find you in default and enter an order against you.

LEGAL NOTICE

Leech Lake Band of Ojibwe in Tribal Court

In the Matter of the Welfare of the Child(ren) of: Robyn Adams and Derrick Harper Jr.

Court File No. CP-20-26

NOTICE

YOU ARE HEREBY notified that on March 1, 2021, a Child Protection Petition was filed in Leech Lake Tribal Court regarding the child(ren) of the above-named parents. A review hearing is scheduled for June 9, 2021 at 9am. Please contact Leech Lake Tribal Court Administration for any further questions. The telephone number is (218) 335-3682 or 3586. You are served with this notice because you are a party to this proceeding. If you fail to appear for this hearing the Court may find you in default and enter an order against you.
Leech Lake Band of Ojibwe
Summary of Job Openings

www.llojibwe.org | drop off or mail documents to:
Leech Lake Band of Ojibwe – Human Resources
115 Sixth St. NW, Suite E - Cass Lake, MN 56633
Fax documents to: 1-218-335-3699
Call 218-335-3698 or toll free 1-800-631-5528 for more info.

THE FOLLOWING POSITIONS CLOSE ON MARCH 26, 2021
Biological Technician ~ DRM ~ Job Code: 21-045
Ecological Restoration Technician (Seasonal) ~ DRM ~ Job Code: 21-046
Forestry Fire Dependent Stand Restoration Tech (Seasonal) (2) ~ DRM ~ Job Code: 21-047

THE FOLLOWING POSITIONS ARE OPEN UNTIL FILLED
Environmental Justice Liaison ~ DRM ~ Job Code: 21-004
Tribal Planner (2) ~ Tribal Development ~ Job Code: 21-005
Shelter Technician (Bena Shelter – Full Time) ~ Human Services ~ Job Code: 21-006
Shelter Technician (Bena Shelter – Part Time) ~ Human Services ~ Job Code: 21-007
CNA/Home Health Aide (3) ~ Health ~ Job Code: 21-008
Transportation Vehicle Operator (3) (Part Time) ~ Fleet Management ~ Job Code: 21-010
Transportation Dispatcher (Part Time) ~ Fleet Management ~ Job Code: 21-011
Public Maternal Child Health Nurse (2) ~ Health ~ Job Code: 21-015
Government Relations Manager ~ Administration ~ Job Code: 21-017
Mental Health Professional (4) ~ Human Services ~ Job Code: 21-018
Professional Development Coordinator ~ Education ~ Job Code: 21-019
Pre School Teacher (Sugar Point/Remer) ~ Education ~ Job Code: 21-020
Pre School Teacher (Bemidji) (2) ~ Education ~ Job Code: 21-021
Pre School Teacher (Bemidji) ~ Education ~ Job Code: 21-022
Infant Toddler Teacher (Onigum) ~ Education ~ Job Code: 21-023
Cook (Cass Lake) (2) ~ Education ~ Job Code: 21-024
Cook (Cass Lake) ~ Education ~ Job Code: 21-025
Family Service Advocate (Cass Lake) (2) ~ Education ~ Job Code: 21-006
Family Service Advocate (Bemidji) ~ Education ~ Job Code: 21-007
Maajilin Center Coordinator ~ Education ~ Job Code: 21-029
Maintenance Technician (Cass Lake) ~ Education ~ Job Code: 21-030
Twin Cities Office Director ~ Twin Cities Office ~ Job Code: 21-031
Recreation & Fitness Assistant ~ Health ~ Job Code: 21-032
Demographer Research Manager ~ Tribal Development ~ Job Code: 21-033
Driver (Part Time) ~ Health ~ Job Code: 21-034
Infant Toddler Teacher (Bena) ~ Education ~ Job Code: 21-036
Infant Toddler Teacher (Ball Club) ~ Education ~ Job Code: 21-037
Pre School Teacher (Cass Lake) (2) ~ Education ~ Job Code: 21-038
Cook (Ball Club) ~ Education ~ Job Code: 21-039
WIC Competent Professional Authority ~ Health ~ Job Code: 21-040
Nutritionist ~ Health ~ Job Code: 21-041
Junior Accountant ~ Accounting ~ Job Code: 21-042
Invasive Species Technician (Seasonal) (2) ~ DRM ~ Job Code: 21-043
Aquatic Invasive Species Technician (Seasonal) (2) ~ DRM ~ Job Code: 21-044

Honoring & Celebrating Our Elders
March Birthdays

District I

Richard Armstrong
Linda Bibeau
Adeline Bowstring
Benjamin Bowstring
Elidon Bowstring
Joseph Bowstring
Marilyn Bowstring
Mike Brown Jr.
Margaret Bryan
Guy Cloud
Lawrence Gotchie
Sarah Jackson
Scott Johnson
Terry Oothoudt
Rose Robinson
Terrance Warner Sr.
Lorraine White

From the District I Office
Robbie, Stephanie, & Zagajiiw

District III*

Elizabeth Aitken
Wanda Headbird
Terry Smith
Marcella Ardidto
Burton Howard
Linda Staples
Lois Armstrong
Melvin Hunt
Joel Stokka
Gloria Beaudreau
Patrice Jones
James Tibbetts
David Beaulieu
Beverly Jordan
Ronald Wakanbo
Donna Beaulieu
Steven Kmett
Terrance White
Douglas Beaulieu
Sharon Kotla
Charlotte White
Edward Beaulieu
Faith Littlewolf
Debra White
Mary Beaulieu
Raymond Lyons
Natalie Wickner
Dawn Benjamin
Marjorie McCree
James Wilson
Janice Bryan
Valerie Meneely
Alvin J. Wind
Sharon Burnette
Franklin Michaud
William Windon
Ella Campbell
Michael Morris
Emily Woodfield
Gladys Chase
Karen Moses
Darlene Cloud
Alfred Pemberton
Janice Cloud
Beverly Raisch
Donald Day
Mary Lou Reich
Gloria Dudley
Elaine Saccoman
William Fisher
Betty Lou Sayers
Lila George
Boyde Schluter
Thelma Goodwin
Marlene Schulman
Timothy Goose
Bradley Senogles
David Hare
Iris Sherer
Jessica Harrison
John P. Smith
William Fisher
Beverly Raisch
Donald Day
Mary Lou Reich
Gloria Dudley
Elaine Saccoman
William Fisher
Betty Lou Sayers
Lila George
Boyde Schluter
Thelma Goodwin
Marlene Schulman
Timothy Goose
Bradley Senogles
David Hare
Iris Sherer
Jessica Harrison
John P. Smith
Brian Haugen
Ken Westfall
Zita Kmett

From the District III Office
LeRoy, Toni & Kari

*all coupons must be used
within Birthday Month*

Leech Lake Band of Ojibwe
Summary of Job Openings

www.llojibwe.org | drop off or mail documents to:
Leech Lake Band of Ojibwe – Human Resources
115 Sixth St. NW, Suite E - Cass Lake, MN 56633
Fax documents to: 1-218-335-3699
Call 218-335-3698 or toll free 1-800-631-5528 for more info.

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Junior Accountant ~ Accounting ~ Job Code: 21-042
Invasive Species Technician (Seasonal) (2) ~ DRM ~ Job Code: 21-043
Aquatic Invasive Species Technician (Seasonal) (2) ~ DRM ~ Job Code: 21-044

From the District II Office
Steve, Lindsey, & Michelle

Leech Lake Band of Ojibwe
COVID-19 Vaccine FAQ

Prepared by Leech Lake Health Division, Updated February 2021

Who can currently get vaccinated?
All IHS Eligible patients, 16 years of age or older, are now eligible to receive the vaccine.

Elders 55+ and those with underlying medical conditions will still receive priority when making an appointment.

How can I get vaccinated?
IHS eligible patients can call the COVID-19 vaccine hotline at 218-368-4763. The hotline is available 24 hours per day, 7 days a week.

Which vaccine is LLBO currently distributing?
We are currently distributing both the Pfizer and Moderna vaccines, subject to availability. Most of the initial vaccines received were the Pfizer vaccine. The Moderna vaccine is being used more and more as the rollout has progressed. Fortunately, we have the equipment necessary to keep the Pfizer vaccine at the required storage temperature. We are equipped to utilize and distribute either vaccine.

Approximately 6,500 eligible patients have been vaccinated to date.

Can a COVID-19 vaccine make me sick with COVID-19?
No. None of the authorized and recommended COVID-19 vaccines or COVID-19 vaccines currently in development in the United States contain the live virus that causes COVID-19. This means that a COVID-19 vaccine cannot make you sick with COVID-19.

There are several different types of vaccines in development. All of them teach our immune systems how to recognize and fight the virus that causes COVID-19. Sometimes this process can cause symptoms, such as fever. These symptoms are normal and are a sign that the body is building protection against the virus that causes COVID-19.

It typically takes a few weeks for the body to build immunity (protection against the virus that causes COVID-19) after vaccination. That means it’s possible a person could be infected with the virus that causes COVID-19 just before or just after vaccination and still get sick. This is because the vaccine has not had enough time to provide protection.

After getting a COVID-19 vaccine, will I test positive for COVID-19 on a viral test?
No. Neither the recently authorized and recommended vaccines nor the other COVID-19 vaccines currently in clinical trials in the United States can cause you to test positive on viral tests, which are used to see if you have a current infection.

If your body develops an immune response—the goal of vaccination—there is a possibility you may test positive on some antibody tests. Antibody tests indicate you had a previous infection and that you may have some level of protection against the virus. Experts are currently looking at how COVID-19 vaccination may affect antibody testing results.

Do I need to wear a mask and avoid close contact with others if I have gotten 2 doses of the vaccine?
Yes. Not enough information is currently available to say if or when CDC will stop recommending that people wear masks and avoid close contact with others to help prevent the spread of the virus that causes COVID-19.

Experts need to understand more about the protection that COVID-19 vaccines provide in real-world conditions before making that decision. Other factors, including how many people get vaccinated and how the virus is spreading in communities, will also affect this decision. We also don’t yet know whether getting a COVID-19 vaccine will prevent you from spreading the virus that causes COVID-19 to other people, even if you don’t get sick yourself.

While experts learn more about the protection that COVID-19 vaccines provide under real-life conditions, it will be important for everyone to continue using all the tools available to help stop this pandemic.

To protect yourself and others, follow these recommendations:
• Wear a mask over your nose and mouth
• Stay at least 6 feet away from others
• Avoid crowds
• Avoid poorly ventilated spaces
• Wash your hands often

If I have already had COVID-19 and recovered, do I still need to get vaccinated with a COVID-19 vaccine?
Yes. Due to the severe health risks associated with COVID-19 and the fact that re-infection with COVID-19 is possible, vaccines should be offered to you regardless of whether you already had COVID-19 infection. CDC is providing recommendations to federal, state, and local governments about who should be vaccinated first.

At this time, experts do not know how long someone is protected from getting sick again after recovering from COVID-19. The immunity someone gains from having an infection, called natural immunity, varies from person to person. Some early evidence suggests natural immunity may not last very long.

We won’t know how long immunity produced by vaccination lasts until we have more data on how well the vaccines work.

Both natural immunity and vaccine-induced immunity are important aspects of COVID-19 that experts are trying to learn more about, and CDC will keep the public informed as new evidence becomes available.

Will a COVID-19 vaccination protect me from getting sick with COVID-19? Yes. COVID-19 vaccination works by teaching your immune system how to recognize and fight the virus that causes COVID-19, and this protects you from getting sick with COVID-19.

Being protected from getting sick is important because even though many people with COVID-19 have only a mild illness, others may get a severe illness, have long-term health effects, or even die. There is no way to know how COVID-19 will affect you, even if you don’t have an increased risk of developing severe complications.

Will a COVID-19 vaccine alter my DNA?
No. COVID-19 mRNA vaccines do not change or interact with your DNA in any way.

Messenger RNA vaccines—also called mRNA vaccines—are the first COVID-19 vaccines authorized for use in the United States. mRNA vaccines teach our cells how to make a protein that triggers an immune response. The mRNA from a COVID-19 vaccine never enters the nucleus of the cell, which is where our DNA is kept. This means the mRNA cannot affect or interact with our DNA in any way. Instead, COVID-19 mRNA vaccines work with the body’s natural defenses to safely develop immunity to disease.

At the end of the process, our bodies have learned how to protect against future infection. That immune response and making antibodies is what protects us from getting infected if the real virus enters our bodies.

Is it safe for me to get a COVID-19 vaccine if I would like to have a baby one day?
Yes. People who want to get pregnant in the future may receive the COVID-19 vaccine.

Based on current knowledge, experts believe that COVID-19 vaccines are unlikely to pose a risk to a person trying to become pregnant in the short or long term. Scientists study every vaccine carefully for side effects immediately and for years afterward. The COVID-19 vaccines are being studied carefully now and will continue to be studied for many years, similar to other vaccines.

The COVID-19 vaccine, like other vaccines, works by training our bodies to develop antibodies to fight against the virus that causes COVID-19, to prevent future illness. There is currently no evidence that antibodies formed from COVID-19 vaccination cause any problems with pregnancy, including the development of the placenta. In addition, there is no evidence suggesting that fertility problems are a side effect of ANY vaccine. People who are trying to become pregnant now or who plan to try in the future may receive the COVID-19 vaccine when it becomes available to them.

What are the differences between the Pfizer and Moderna COVID-19 Vaccines?

<table>
<thead>
<tr>
<th></th>
<th>Pfizer</th>
<th>Moderna</th>
</tr>
</thead>
<tbody>
<tr>
<td>VACCINE TYPE</td>
<td>mRNA</td>
<td>mRNA</td>
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<tr>
<td>WHO CAN TAKE?</td>
<td>16 and older</td>
<td>18 and older</td>
</tr>
<tr>
<td># DOSES</td>
<td>2</td>
<td>2</td>
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<tr>
<td>INTERVAL BEFORE 2ND DOS</td>
<td>21 days</td>
<td>28 days</td>
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<tr>
<td>EFFICACY (AFTER 2ND DOSE)</td>
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<td>94.1%</td>
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<td>COMMON SIDE EFFECTS</td>
<td>pain at injection site, tiredness, headache, muscle pain, chills, joint pain, and fever</td>
<td>pain at injection site, tiredness, headache, muscle pain, chills, and joint pain</td>
</tr>
<tr>
<td>SERIOUS SIDE EFFECTS</td>
<td>Excessively rare</td>
<td>Excessively rare</td>
</tr>
<tr>
<td>STORAGE TEMPERATURE</td>
<td>-70°C (-94°F)</td>
<td>-25°C to -15°C (-13°F to 5°F)</td>
</tr>
<tr>
<td>STABILITY AT FRIDGE TEMPS</td>
<td>5 days</td>
<td>30 days</td>
</tr>
</tbody>
</table>
BRIGHTER DAYS ARE HERE

Bars and restaurants
- **75% Capacity**
- **250 People max**
*75% applies to indoors. Outdoor has no percentage limit. Groups must stay 6 feet apart. Bar seating increases to parties of 4.

Social gatherings
- **Outside**
  - **50 People max**
- **Inside**
  - **15 People max**

Salons and barbers
- **No occupancy limits.**
- Social distancing and masks required.

Gyms, fitness centers, and pools
- **50% Capacity**
- Social distancing and masks required.

Guidance Updates

Start at 12 p.m. on March 15 unless otherwise noted.

Venues, celebrations, and receptions
- **50% Capacity**
- **250 People max**
- *Starting April 1:* Larger venues add additional capacity.
  - **Inside**
  - **Non-seated:**
    - Add 10% of capacity over 500 people. Max 1,500 people.
  - **Seated:**
    - Add 15% of capacity over 500 people. Max 3,000 people.

Wedding ceremonies and religious services
- **No occupancy limits.**
- Social distancing and masks required.
  - **Outside**
    - **Non-seated:**
      - Add 15% of capacity over 500 people. Max 10,000 people.
    - **Seated:**
      - Add 25% of capacity over 500 people. Max 10,000 people.

Work from home
- *Starting April 15:* Work from home will be strongly recommended for those who can.
- All employers should continue to accommodate employees who wish to work from home, and must provide reasonable accommodations as required by law.

STAY SAFE MN